

The ANNI BERGMAN PARENT-INFANT TRAINING PROGRAM

is accepting applicants for the 2009-2012 training cycle. Please see the description below for information about the program and applying. Applications received through the end of July 2009 will be considered for the training cycle beginning in September 2009. Applications for the following training cycle will not be available until Spring 2012.



The ANNI BERGMAN PARENT-INFANT TRAINING PROGRAM began in 1997 and is affiliated with both The New York Freudian Society and the Institute for Psychoanalytic Training and Research. The program is unique in offering intensive training in parent-infant work to psychoanalysts and advanced psychoanalytic candidates. Applicants with particular interest and experience in research are also considered, as are applicants interested in only the infant observation year.

The three-year training program includes infant observation, the study of the literature on infancy, infant research, dyadic treatment of infants and their parents, and the application of this knowledge to clinical work with children and adults. A three-hour seminar led by the program faculty is held weekly.

Year One: Infant Observation

The first year is devoted to infant observation. Each participant finds a parent-infant pair to observe and makes weekly visits to the home for at least one year. Detailed process notes of the observation are written and presented at the weekly seminar conducted by the program faculty. The approach intentionally emphasizes the observation process. Participants learn from experience in the supportive atmosphere of the seminar and its leaders. The program considers the clinical experience of observation to be the basis for theoretical training.

Year Two: Psychoanalytic Theory and Research on Infant Development

The second-year curriculum begins with a review of psychoanalytic theories of infancy and the parent-infant relationship, including the work of Freud, Klein, Winnicott, Mahler, Bowlby, and Bion. From these foundations, the curriculum moves to current theorists and mother-infant researchers, including Beebe, Brazelton, Fonagy, Greenspan, Hofer, Sander, Shore, Steele, Stern, Tronick, and Trevarthan. Topics include affect regulation, communication, assessment, attachment theory, separation-individuation theory, neurobiology, and the development of the self. The program faculty teaches this part of the curriculum along with scholars from the international community who visit to present their current thinking and research. Students study the literature through an extensive bibliography.

Year Three: Clinical Application

In the third year, program participants concentrate on clinical applications of infant observation and developmental theory. Clinical opportunities include work with parent-infant pairs, group work with parents and infants, and consultation to staff in various community settings. Students present their clinical work to the seminar and are supervised individually and in small groups. For graduation, each student writes a paper which integrates aspects of their three year training and focuses on their clinical work.

Administration:

Anni Bergman, Director
Rita Reiswig, Co-director
Sally Moskowitz, Co-director

Hannah Nadler, Admissions and Advising

Susannah Falk Shopsin, Associate Faculty
Laurel Thompson, Associate Faculty

Beatrice Beebe, Consultant
Miriam Steele, Consultant

Program Faculty:

Phylis Ackman ♦ Beatrice Beebe ♦ Anni Bergman ♦ Steven Ellman
Ilene Lefcourt ♦ Sally Moskowitz ♦ Hannah Nadler ♦ Jack Novick
Kerry Kelly Novick ♦ Miriam Pierce ♦ Karen Proner ♦ Rita Reiswig
Debra Schnall ♦ Donna Roth-Smith ♦ K.Mark Sossin ♦ Miriam Steele
Arnold Wilson ♦ Nancy Wolf

Visiting Lecturers:

Thomas Barrett ♦ T. Berry Brazelton ♦ Inge Bretherton ♦ Karl Brisch
Virginia Demos ♦ George Downing ♦ Peter Fonagy ♦ Daniel Freeman
Nancy Freeman ♦ Gyorgy Gergely ♦ Karin Grossman ♦ Klaus Grossman
Myron Hofer ♦ Nazir Ilahi ♦ Karlen Lyons-Ruth ♦ Catherine Monk
Christine Anzieu Premmereur ♦ Stephen Seligman ♦ Harry Schair
Daniel Schechter ♦ Susan Sherkow ♦ Joshua Sparrow ♦ Daniel Stern
Victoria Stevens ♦ Mary Target ♦ Suzi Tortora ♦ Edward Tronick
Elizabeth Tutters ♦ Michelle Zaccario

For further information and application, please contact either

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