

The Inner Life of the Analyst: Catalyst for Change

The Westchester Center for the
Study of Psychoanalysis and Psychotherapy

Invites You to Attend

Our 35th Anniversary Conference

*Honoring the Work of
Sabert Basescu, Ph.D.*

Keynote Speakers

Karen Maroda, Ph.D. Theodore J. Jacobs, M.D.

Respondents

Claire Basescu, Ph.D.
Robert Katz, Ph.D.
Edgar Levenson, M.D.

Elliot Adler, Ph.D.
Helen O. Adler, M.S.W.
Eric Mendelsohn, Ph.D.

Saturday, November 21, 2009

8:30 a.m. – 4:30 p.m.

The Renaissance Westchester Hotel

80 West Red Oak Lane
West Harrison, New York 10604
914-694-5400

(White Plains Train Station)

WSP

**The Westchester Center for the
Study of Psychoanalysis and Psychotherapy**

Our 35th Anniversary Conference

**The Inner Life of the Analyst:
Catalyst for Change**

Dedicated to Sabert Basescu, Ph.D., Founder and Colleague

There have been many important changes in the theory and practice of psychoanalysis in the 35 years since Dr. Sabert Basescu along with Drs. Avrum Ben-Avi, Alan Grey, Paul Stark and Herbert Zucker founded the Westchester Center. Fundamental shifts have taken place in our understanding of what it means to be an analyst and in the nature of the psychoanalytic relationship. There is now a consensus among analysts of different theoretical persuasions that therapists play a significant role in eliciting and shaping experiences with patients. We have become increasingly aware that clinicians are full participants in the analytic dyad and constantly draw upon who they are as individuals and professionals.

"I know that the conception of the role of the therapist has evolved from that of the anonymous reflector, through that of the participant observer, to the current standard of the therapist as human being. I think it would be easier for me to be a mirror. The rules for being a mirror are more clear-cut than the rules for being human."

—Sabert Basescu

In our quest to better understand the challenges of being present with our patients, we are honored to have as keynote speakers two of the leading contributors to the study of the analyst's personal contributions to clinical process. Drs. Karen Maroda and Theodore J. Jacobs will discuss the ways in which they attend to their internal experience of and with patients and their use of this data in the service of promoting growth, understanding and change. Discussants will be Claire Basescu, Robert Katz, Edgar Levenson, Elliot Adler, Helen O. Adler and Eric Mendelsohn.

The conference day will include a luncheon during which Dr. Sabert Basescu's work will be celebrated. Members of the community will be invited to contribute spoken and written recollections. We look forward to exciting presentations and to stimulating conversation among the speakers and between the presenters and the attendees.

Saturday, November 21, 2009

Morning Program

- 8:30 a.m.–9:00 a.m.** **Registration, Continental Breakfast, Book Fair**
- 9:00 a.m.** **Welcome**
Arnold Zinman, Ph.D., Director, WCSPP
- Dedication to Sabert Basescu, Ph.D.**
George Goldstein, Ph.D.
- 9:30 a.m.** **Introduction to the Program and the Speakers**
Linda Fleischman, M.S.W., Moderator
- 9:45 a.m.–12:00 noon** **Morning Plenary Session**
"Being Present While Recreating the Past: Narcissistic Vulnerability in the Analyst"
Karen Maroda, Ph.D.
- Respondents**
Claire Basescu, Ph.D.
Robert Katz, Ph.D.
Edgar Levenson, M.D.
- 12:00 noon–12:30 p.m.** **Roundtable Discussion among the Speakers**
Attendees' Questions and Comments

Afternoon Program

- 12:30 p.m.–2:00 p.m.** **Lunch (included in registration fee)**
Sabert Basescu, Ph.D.: His Life and Work
Reflections: George Goldstein, Ph.D. and other participants
- 2:15 p.m.–4:00 p.m.** **Afternoon Plenary Session**
"Imaginary Gardens, Real Toads: On Memory and Its Uses in the Analytic Situation"
Theodore J. Jacobs, M.D.
- Respondents**
Elliot Adler, Ph.D.
Helen O. Adler, M.S.W.
Eric Mendelsohn, Ph.D.
- 4:00 p.m.–4:30 p.m.** **Roundtable Discussion among the Speakers**
Attendees' Questions and Comments

Participants

Helen O. Adler, M.S.W. Former Director, WCSPP; Faculty and Supervisor, WCSPP; Former Training Analyst and Supervisor, The Psychoanalytic Institute of the Postgraduate Center for Mental Health.

Elliot Adler, Ph.D. Former Director, WCSPP; Faculty and Supervisor, WCSPP; Faculty and Supervisor, The National Institute for the Psychotherapies, National Training Program; Faculty, The Internship Program at The Karen Horney Clinic; Co-author with Janet Bachant of *Working in Depth: A Clinician's Guide to Framework and Flexibility in the Analytic Relationship*.

Claire Basescu, Ph.D. Faculty and Supervisor, The William Alanson White Institute; Associate Editor, *Contemporary Psychoanalysis*.

Linda Fleischman, M.S.W. Faculty, Supervisor, Director of the Supervisory Training Program, WCSPP.

George Goldstein, Ph.D. Former Director, WCSPP; Faculty and Supervisor, WCSPP; Supervisor, The New York University Postdoctoral Program in Psychotherapy and Psychoanalysis; Faculty and Supervisor, The Derner Institute, Adelphi University Postgraduate Program in Psychoanalysis and Psychotherapy; Faculty and Supervisor, The Suffolk Institute for Psychotherapy and Psychoanalysis.

Theodore J. Jacobs, M.D. Clinical Professor of Psychiatry, New York University School of Medicine; Training and Supervising Analyst, New York Psychoanalytic Institute and the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis; Supervisor of Child Analysis, the New York University Postdoctoral Program and the Columbia University Center for Psychoanalytic Medicine; Author of *The Use of Self: Countertransference and Communication in the Psychoanalytic Situation* and Co-Editor of *On Beginning an Analysis*;

Editorial Boards of *Psychoanalytic Quarterly*, *Psychoanalytic Inquiry*, *Journal of Clinical Psychoanalysis*, and *The International Journal of Infant, Child and Adolescent Psychotherapy*.

Robert Katz, Ph.D. Faculty and Supervisor, WCSPP; Faculty, The New York University Postdoctoral Program in Psychotherapy and Psychoanalysis; Visiting Faculty, The Manhattan Institute for Psychoanalysis; Member, Department of Psychiatry, Phelps Memorial Hospital.

Edgar Levenson, M.D. Fellow Emeritus, Faculty, Supervisor and Training Analyst, The William Alanson White Institute; Honorary Member, American Psychoanalytic Association; Life Fellow, American Academy of Psychoanalysis; Distinguished Life Fellow, American Psychiatric Association; Author of *The Fallacy of Understanding*, *The Ambiguity of Change*, and *The Purloined Self*.

Karen Maroda, Ph.D., ABBP. Assistant Clinical Professor of Psychiatry, Medical College of Wisconsin; Author of *The Power of Countertransference*, *Seduction, Surrender and Transformation*, and *Interactive Psychodynamic Techniques*; Editorial Boards of *Psychoanalytic Psychology*, and *The Journal of Gay and Lesbian Psychotherapy*; Consulting Editor of *Contemporary Psychoanalysis*.

Eric Mendelsohn, Ph.D. Faculty and Supervisor, WCSPP; Faculty and Supervisor, The National Institute for the Psychotherapies, Training Institute and National Training Program; Faculty and Supervisor, The Derner Institute, Adelphi University Postgraduate Program in Psychoanalysis and Psychotherapy.

The 35th Anniversary Conference Committee

Eric Mendelsohn, Ph.D. George Goldstein, Ph.D.
Co-Chairpersons

Nancy Bottger, M.S.W. Ruth Greer, Ph.D.
Linda Fleischman, M.S.W. Janet Shimer, M.S.W.
Michael Wald, Ph.D.

Registration Form

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The Renaissance Westchester Hotel

Taxis are available from the White Plains Metro North Train Station

Advance Registration before November 1	\$95.00
Students/Retirees	\$70.00
Registration after November 1	\$110.00
Students/Retirees	\$85.00
At the Door	\$120.00

Fee includes continental breakfast and tribute luncheon

Name _____ Date _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Email _____

Student or Professional Affiliation _____

Discipline _____

How did you hear about this conference? _____

Check here if you want a certificate of attendance.

Enclosed is a tax deductible contribution in honor of Sabert Basescu, Ph.D., and the 35th Anniversary of WCSPP _____

If you would like to write comments to be included in a TRIBUTE BOOK for Dr. Sabert Basescu, please go to www.WCSPP.org and follow the link to Tribute Book or mail directly to WCSPP.

Include this form with a check payable to The Westchester Center for the Study of Psychoanalysis and Psychotherapy. Mail to: WCSPP, 260 Stuyvesant Avenue, Rye, NY 10580. Tel: 914-967-1300.

Administrative Officers and Directors of WCSPP

Director

Arnold Zinman, Ph.D.

Director of Admissions

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**For a Training Programs brochure, please call
Nancy Bobker, Administrator, at 914-967-1300;
email wcspp_adm@earthlink.net;
or go to wcspp.org.**

Psychoanalysis and Psychotherapy

The Westchester Center for the Study of Psychoanalysis and Psychotherapy was chartered by the Regents of the University of the State of New York 35 years ago to provide formal training in psychoanalysis and intensive psychotherapy. The faculty represents a range of contemporary psychoanalytic approaches and is committed to no single psychoanalytic orientation. Commitment, instead, is to flexibility and to continuing reassessment of psychoanalysis in light of new knowledge and developments in the field. The Center is interdisciplinary and non-hierarchical. All courses are conducted one evening a week in Westchester County.

Psychoanalytic Training Program

A four-year course of study open to experienced mental health professionals. The successful completion of coursework and clinical supervision as well as a personal analysis is required for graduation. Courses cover traditional and contemporary psychoanalytic theories as well as a range of approaches to doing intensive clinical work.

Adult Psychotherapy Training Program

A two-year program open to mental health professionals, including recent graduates, who wish to develop and deepen their skills and understanding of the psychotherapeutic process. Learning needs of the therapist are considered and addressed through course work, clinical case seminars and supervised clinical work.

Child and Adolescent Psychotherapy Training Program

A two-year program in the clinical and theoretical aspects of the treatment of children, adolescents, and their families. The program includes both course work and supervised clinical experience.

Supervisory Training Program

A one-year program in the theory and clinical practice of supervision. It is open to psychoanalysts who graduated four or more years ago from analytic training. The program includes course work and direct supervision that is supervised by senior analysts.

Couples Therapy Training Program

Commencing September 2010

A one-year course of study which focuses on the theory and practice of couples treatment. Contemporary psychoanalytic thinking will be integrated with systems theory and examined from a clinical perspective. Conceptual and practical issues involved in working with couples will be explored, including how to engage couples, setting the treatment frame, and working with concurrent individual treatment. Multicultural issues and non-traditional couples will also be considered.

Treatment Service

The Treatment Service of the Westchester Center is designed to provide psychoanalytically-oriented psychotherapy and psychoanalysis to those in the community seeking low-cost treatment. Fees are based on a sliding scale. Senior analysts supervise all treatment which is available in the private offices of candidates throughout Westchester, Rockland, Connecticut and New York City. Therapists are experienced and licensed professionals who are engaged in post-graduate training at the Westchester Center.

For information about applications and referrals, contact: WCSPP, 260 Stuyvesant Avenue, Rye, NY 10580; telephone: 914-967-1300; or email wcspp_adm@earthlink.net.

Continuing Education

The Westchester Center sponsors an annual conference, clinical seminars, and workshops which are open to the mental health community. In addition, WCSPP provides consultation and services to a variety of institutions in the community.

The Psychoanalytic Association of the Westchester Center

The Psychoanalytic Association is comprised of WCSPP faculty, graduates and candidates as well as graduates of other analytic institutes who have become affiliate members of the Association. The Association sponsors a range of activities. It hosts several open scientific meetings each year, offers mini-courses for Association members, provides speakers and workshop programs for educational and corporate institutions, and publishes a newsletter.



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260 Stuyvesant Avenue, Rye, NY 10580

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