THE NEW YORK PSYCHOANALYTIC SOCIETY & INSTITUTE

Extension Division Courses
2010-2011
Welcome to the Extension Division of the New York Psychoanalytic Society & Institute. Our courses serve as an introduction to psychoanalytic theory or as additional resources to clinicians who wish to expand their knowledge. They present psychoanalysis as a basic science, with opportunities for study at various levels and depths. Many of our courses are interdisciplinary, including psychoanalytic explorations of literature and other humanities, as well as psychoanalytic approaches to aspects of psychotherapy practice. Our courses are taught by NYPSI members and invited guests and are open to all mental health practitioners and interested members of the community.

The Extension Division has a long history marked by various transformations over time but imbued with an abiding mission. The first series of lecture courses open to psychiatrists in New York City was organized in 1922. With the inception of the New York Psychoanalytic Institute in 1931, the Extension Committee was established as an official division of the Institute in order to offer a comprehensive curriculum of lectures and seminars for mental health professionals, teachers, and academics from a variety of disciplines. In recent years, we have embarked on a program of growth and expansion. The courses continue to emphasize psychoanalytic approaches to aspects of psychotherapy practice, and include explorations of literature, related humanities, and the sciences.

For this centennial year, we will be offering a Series of Classic Papers to commemorate our heritage. Seminal papers from our archives written by NYPSI analysts from the early groundbreaking years of psychoanalysis will be discussed by eminent current members. The papers will be presented in light of their impact on and relevance to psychoanalysis today.

Please visit our website www.psychoanalysis.org or call (212) 879-6900 with any questions.

2010-2011 EXTENSION DIVISION COURSES

SEPTEMBER to NOVEMBER

1. The Play's the Thing: Transitional Phenomena and Shakespeare's Plays Howard K. Weiner, M.D.
Tuesdays 7:00 – 8:00 pm 9/28/10 - 10/26/10 (5 sessions) $100
In this course, we will first elucidate the concepts of the transitional object, transitional space, and transitionality. We will then explore their relationship to sublimation, artistic creativity, romantic love, and psychoanalytic process. We will look at three of Shakespeare's best known plays, and use ideas about transitional phenomena to explore how concepts of representation, artifice, imagination, and fantasy are developed in these works. The five classes will be divided as follows:
Readiness Is All: Introduction to transitional phenomena and application to artistic process
Such Stuff As Dreams Are Made On: A Midsummer's Night Dream
Trapping the Self: Hamlet
Brave New World: The Tempest
Avenues for Further Inquiry

2. Early Childhood Loss and Creativity Melissa Wanamaker, Ph.D., LCSW-R
Thursdays 8:00 - 9:30 pm 9/30/10 - 10/21/10 (4 sessions) $80
This seminar will examine the language of four artists who experienced early childhood loss and pitted their words against the grave. They are Paul Celan, William Styron, Elvis Presley and Virginia Woolf. Each translated their losses into art and, for a time, pushed away the darkness. Interpretations based on classical and contemporary psychoanalytic theories will be utilized. Clinical material will be encouraged.

3. Speaking to the Narcissistic Disorders George Gross, M.D.
Wednesdays 7:30 – 9:00 pm 10/13/10 – 11/10/10 (5 sessions) $200
Freud identified transference as the prime vehicle for analytic interpretation while separating the transference neuroses from the “narcissistic psychoneuroses” (“depression and the schizophrenias”) for which he
claimed “inaccessibility.” Over time, however, those narcissistic conditions have received their fair and increasing share of attention. These meetings will look into the ways analysts dealing with such patients render their treatments psychotherapeutic and even, at times, psychoanalytic.

4. Psychoanalytic Principles of Child Development
   David Sawyer, M.D. and Ronald Rawitt, M.D.
   Wednesdays 7:30 - 8:30 pm
   10/20/10 – 11/17/10 (5 sessions) $50
   This course presents an overview of current psychoanalytic perspectives on child development. The interaction of constitutional factors and environmental influences on the formation of unconscious fantasy and intrapsychic conflict during the sequential stages of development will be emphasized. Clinical examples will be offered to illustrate the concepts being presented.

5. Psychotropic Drugs: What You Need to Know and Current Trends
   Deborah Plachta, M.D.
   Tuesdays 7:00 - 8:30 pm
   11/2/10 - 11/16/10 (3 sessions) $45
   This course highlights the cutting edge of psychopharmacology to acquaint participants with the major trends in diagnosis and medication. The aim is to help the clinician recognize when a treatment could benefit from a psychopharmacology consult or ongoing medication backup. Included are issues of how to approach this with patients/clients, as well as medication side effects and their possible (and impossible) remedies. Topics included are: depression and bipolar illness; anxiety disorder spectrum (e.g., panic states, OCD, body dysmorphic disorder, phobias); psychosis; drugs in pregnancy; sleep disorders. Questions (including case presentations) will be encouraged.

JANUARY to MARCH

6. Psychoanalysis and the Theater
   Fred Sander, M.D. and Daniel Prezant, Ph.D.
   Three Saturday matinees January - March 2011 Deposit of $50
   Plays to be determined in the fall. Information will be mailed as soon as the schedule is confirmed.

7. Psychoanalytic Psychotherapy of Cancer Patients
   Norman Straker, M.D.
   Thursdays 7:30 – 8:40 pm
   1/20/11 - 2/3/11 (3 sessions) $90
   This course will provide an introduction to dynamic psychotherapy with cancer patients and their families. The unique challenges of treating cancer patients will be addressed in the first session. The discussion will include death anxiety and the tendency to deny death, and will be accompanied by the video “On the Edge of Being: When Doctors Confront Cancer.” In the second session, details of dynamic psychotherapy will be explored including: dealing with defenses such as denial and regression, managing the transference and countertransference issues unique to the cancer context, and managing dying patients. In session three, the challenges facing caregivers will be addressed, along with techniques for helping them during the illness and after their loss. These are illustrated in the lecture and in the video “The Courage to Survive: Facing the Loss of Your Soul Mate.” Managing grief and mourning will also be discussed.

8. Psychosomatic Pathology for Psychoanalysts and Psychotherapists
   Muriel Morris, M.D. and Larry Goldblatt, M.D.
   Thursdays 7:45 - 9:15 pm
   1/20/11 – 3/10/11 (8 sessions) $80
   Early family pathology and psychic conflict have long been known to contribute to the causation and maintenance of many physical symptoms and illnesses for which medical treatments alone are often inadequate to effect improvement. Among these conditions are hypochondria, gastrointestinal complaints such as eating disorders and colitis, bronchial asthma, infertility, impotence, chronic fatigue syndrome, and many others. This course will include clinical material and treatment as well as discussion of familiar historic cases of Charles Darwin, Jane Austen, Thomas Carlyle, Jonathan Swift, and Elizabeth Barrett Browning. Reading materials will be provided.

9. Shared Therapy: The Collaboration between Psychotherapist and Psychopharmacologist
   Charles A. Murkofsky, M.D.
   Tuesdays 7:30 – 8:45 pm
   3/15/11 - 3/29/11 (3 sessions) $45
   This seminar focuses on the issues of collaborative treatment: Navigating
the interface, dealing with rivalry, understanding therapeutic effects of psychological and pharmacological therapies, identification of appropriate cases for pharmacologic referral, discussion of the benefit/detriment issue of pharmacotherapy on psychotherapy. The syndromes most frequently treated with pharmacotherapy will be reviewed. Participants are invited to bring illustrative case material.

10. Virginia Woolf and Bloomsbury  
   Melissa Wanamaker, Ph.D., LCSW-R  
   Thursdays 7:30-9:00 pm  
   3/3/11 – 3/24/11 (4 sessions)  
   $100  
   Bloomsbury is a state of mind and Virginia Woolf is at the heart of it. This course will explore the creativity of post-World War I England, with specific attention to Woolf. Her art will be examined in light of her experience of early maternal loss, her love affairs, mental illnesses and suicide. We will also examine how her creativity reflected a kind of self-analysis. Readings will include Mrs. Dalloway, her autobiographical Moments of Being, and the memoir Deceived with Kindness: A Bloomsbury Childhood by Woolf’s niece, Angelica Garnett. Please start reading Moments of Being before the first class.

MARCH to MAY

11. The Mind in Conflict  
    Ian Buckingham, M.D.  
    Thursdays 8:30 – 10:00 pm  
    3/17/11 - 5/5/11 (8 sessions)  
    $80  
    A contemporary focus on the functioning of the mind from the perspective of Modern Conflict Theory, with emphasis on Brenner’s revisions of traditional structural theory and a new appreciation of the ideas of evolutionary biology for understanding the functioning of the mind.

12. Psychological Assessment  
    William Braun, Psy.D.  
    Tuesdays 7:00 – 8:30 pm  
    4/5/11 - 4/12/11 (2 sessions)  
    $30  
    This course will address such topics as: Diagnosis and treatment planning, personality assessment, evaluation of ego strengths and weaknesses, assessing suitability for analysis, and therapeutic impasses.
13. Psychoanalytic Themes in the Work of Jane Austen

Muriel Morris, M.D.

Thursdays 7:45 – 9:15 pm
5/19/11 - 6/16/11 (5 sessions)

This course will study Jane Austen’s writings using psychoanalytic knowledge and insights to uncover unconscious chords struck by her novels that have made them popular with successive generations of readers for over 200 years. **Readings** will include the novels *Pride and Prejudice*, *Emma*, *Sense and Sensibility*, *Persuasion*, *Mansfield Park*, and discussions of other works if time permits.

The following courses will not be offered in the academic year 2010-2011:

**Workshop on the Transgenerational Transmission of Trauma in WWII as Exemplified by the Study of Children of Survivors, Collaborators, and Nazi Perpetrators**

Anna Balas, M.D. and Gilda Sherwin, M.D.

**On Supervision: Seminar for Psychotherapy Supervisors**

Francis Baudry, M.D.

**Psychodynamic Treatment of Substance Abusers**

William H. Gottdiener, Ph.D.

**Psychoanalysis and the Literary/Visual Arts**

Lois Oppenheim, Ph.D.

**Intermediate/Advanced Psychoanalytic Couple Therapy**

Fred Sander, M.D.

**REGISTRATION**

To register for these courses, please detach registration form and mail with check or credit card information. Receipt of registration will be confirmed.

The registration form is also available on our website [www.psychoanalysis.org](http://www.psychoanalysis.org)

For additional information, please call 212-879-6900 or e-mail info@nypsa.org

**LOCATION**

Courses will meet at the Institute

247 East 82nd Street, New York, NY 10028

The American Psychoanalytic Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. This activity has been planned and implemented in accordance with the Essentials Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of The American Psychoanalytic Association and The New York Psychoanalytic Institute/Society. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality, and scientific integrity of this CME activity. The American Psychoanalytic Association designates this educational activity for a maximum of 2 hours in category 1 credit towards the AMA Physician's Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity. **IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.
The New York Psychoanalytic Society and Institute
Roger Rahtz, M.D., President

Extension Committee - Officers
Deborah Barchat, Ph.D., Chair
Jane Algus, M.D., M. Geraldine Hoban, Ph.D., Barbara Kravitz, Psy.D., (ex-officio)

Instructors
Anna Balas, M.D., Faculty, NYPSI
Francis Baudry, M.D., Training & Supervising Analyst, NYPSI; Faculty, NYPSI and Albert Einstein College of Medicine
William Braun, Psy.D., Faculty, NYPSI and Lenox Hill Hospital; Director, NYPSI Psychology Internship and Externship Programs
Ian Buckingham, M.D., Faculty, NYPSI and NYU Medical Center
*William Gottdiener, Ph.D., Faculty, John Jay College of Criminal Justice, The City University of New York; Attending psychologist, St. Luke’s-Roosevelt Medical Center
*Larry Goldblatt, M.D., Co-Chair, Psychosomatic Study Group of the American Psychoanalytic Association
George Gross, M.D., Past President, NYPSI; past Medical Director of NYPSI Treatment Center; Training & Supervising Analyst, NYPSI
Muriel Morris, M.D., Faculty, NPAP; Instructor, NYPSI Psychodynamic Psychotherapy Program and IPTAR
Charles Murkofsky, M.D., Faculty, Mt. Sinai and Albert Einstein Medical Schools; Instructor, NYPSI Psychodynamic Psychotherapy Program
Lois Oppenheim, Ph.D., Distinguished Scholar; Professor and Chair, Department of Modern Languages and Literatures, Montclair State University; Scholar Associate Member, NYPSI
Deborah Plachta, M.D., Faculty, Albert Einstein College of Medicine; Member, NYPSI;
Daniel Prezant, Ph.D., Faculty, NYPSI
Ronald Rawitt, M.D., Faculty, NYPSI and Mount Sinai Hospital
Fred Sander, M.D., Faculty, NYPSI; Associate Clinical Professor of Psychiatry, Weill Cornell Medical Center
David Sawyer, M.D., Faculty, Weill Cornell-New York Presbyterian Hospital; Member, NYPSI
Gilda Sherwin, M.D., Faculty, NYPSI
Norman Straker, M.D., Faculty, NYPSI
*Melissa Wanamaker, Ph.D., LCSW-R, Private practice & Bleuler Psychotherapy Center
Howard Weiner, M.D., Member, NYPSI; Private practice in psychiatry and psychoanalysis, Fairfield, CT

*by invitation

Registration Form

Name________________________________________________________
Degree or Affiliation____________________________________________
Mailing Address________________________________________________ _____________________________________________________________
Telephone_____________________________________________________
Email________________________________________________________

Please check one or more:
1. ___ The Play’s the Thing $100
2. ___ Early Childhood Loss and Creativity $  80
3. ___ Speaking to the Narcissistic Disorders $200
4. ___ Psychoanalytic Principles of Child Development $  50
5. ___ Psychotropic Drugs $  45
6. ___ Psychoanalysis and the Theater (Deposit) $  50
7. ___ Psychoanalytic Psychotherapy of Cancer Patients $  90
8. ___ Psychosomatic Pathology $  80
9. ___ Shared Therapy $  45
10. ___ Virginia Woolf and Bloomsbury $100
11. ___ The Mind in Conflict $  80
12. ___ Psychological Assessment $  30
13. ___ Psychoanalytic Themes in Jane Austen $100

Total Amount      $___________

Method of Payment ___ Check          ___ Credit Card
________________________________________________________________________
Please make check payable to NYPSI

Name________________________________________________________
VISA   AMEX   MASTERCARD (circle)
Card #_________________________Exp. Date________Sec. Code_____  Billing Address________________________________________________

I instruct NYPSI to charge my credit card in the amount of $_________.

Signature_____________________________________________________

Mail to: NYPSI, 247 East 82nd Street, New York, NY  10028