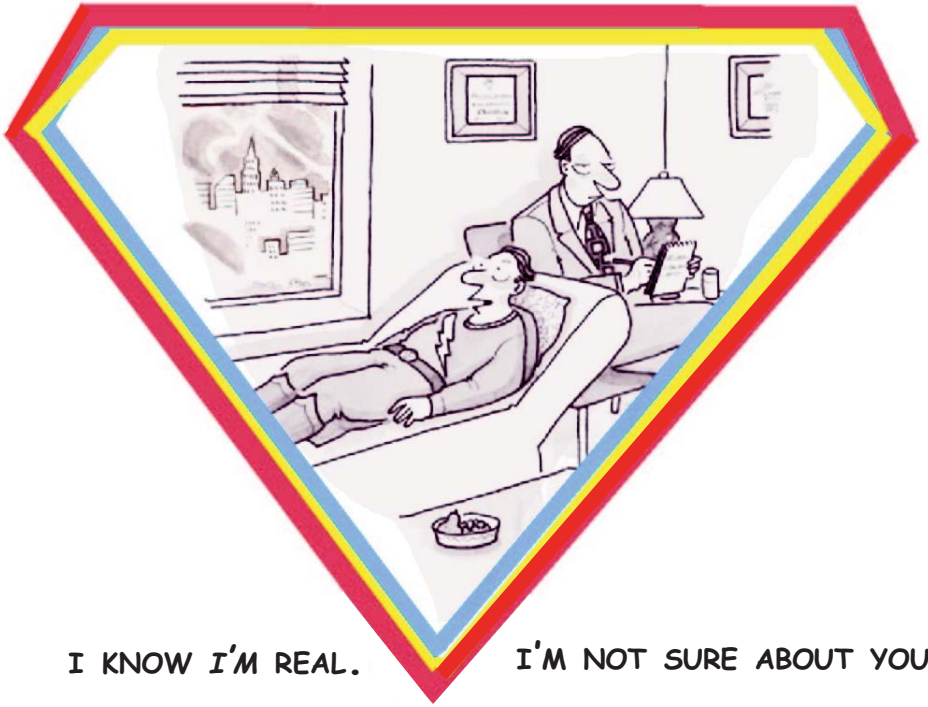


# SYMPOSIUM 2011



I KNOW I'M REAL.

I'M NOT SURE ABOUT YOU.

## OUR PRACTICE TODAY: TREATMENT AND TRANSFORMATION

Mount Sinai Medical Center: Stern Auditorium  
100th Street and Madison Avenue  
March 5th & 6th, 2011

I pray you Neptune, now to help this nymph;  
her father's cruelty would have her drown;  
concede some place to serve as shelter, or  
make of the nymph herself a place—I still  
was speaking, when I saw the girl transformed;  
for as she floated, land—it was new made—  
embraced her limbs and grew more solid till  
my Perimele had become an isle.

—Book VIII, P. 272 *Metamorphoses of Ovid*  
tr Allen Mandelbaum (1993),  
New York: Harcourt Brace.

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## Our Practice Today: Treatment and Transformation

***Ars longa, vita brevis.*** Mastering the art of psychoanalysis is truly a lifelong enterprise. We learn something about our work and ourselves almost every day, and we're privileged to pursue a profession that allows—that demands—continuous learning and personal growth.

But it's not only the quest for psychoanalytic art that keeps us striving. Psychoanalytic practice changes too. It is no longer limited to the classic scenario of a person lying on a couch, 4-to-5-times-a-week, freely associating to an out-of-sight other who speaks only to interpret the mysteries of the unconscious. And perhaps in actuality it never was. But for a long time it was defined that way, and for a long time that narrow definition was reflected in our theory and our literature.

Those days are over. Analysts are asking directly, What really *is* psychoanalysis? How can we best understand this compelling endeavor, and how do we best practice it? Historically, psychoanalysis began as a “treatment” for emotional suffering. It developed within a rich therapeutic tradition—in this country, the medical tradition—aimed at allaying problems understood as mental illnesses, mild or severe.

Over the years, however, psychoanalysis has escaped the constraints of historical tradition. American practitioners are no longer trained primarily in medicine, but come also from psychology, social work, and other sometimes unexpected disciplines. In their practice, analysts no longer aim exclusively at treatment, but more broadly at *change*. Psychoanalysis is increasingly recognized as a process that can effect real and lasting changes in character or personality, that can help people achieve their potential in love and in work. Freud likened psychoanalysis to a sculptor's effort to free the subject from the stone; more precisely, he considered it a way to help people address the problems that they are unconsciously motivated to make for themselves.

As our aims have evolved, our practice has too—but often silently. Symposium 2011 breaks the silence, and considers out loud the structure of psychoanalytic work. We will explore the well-known “frame” issues of frequency, length, and depth. We will consider the relevance of age in psychoanalysis, and when psychoanalysis is and is not appropriate. We will consider the psychoanalytic situation in couple and group work. No boundaries are too sacrosanct for scrutiny. We even have a panel that considers psychoanalysis when the patient and analyst are not in the same room—or have never even met!

Today, growth as a psychoanalyst includes taking into account all of these new situations plus an evolving literature in neuroscience—a literature that suggests, among other things, that psychoanalytic treatment can have permanent effects on neural circuitry. As the stakes rise, we must become more sophisticated about how we apply our techniques, and perhaps more realistic about their limitations. All the more reason to ask ourselves: How does psychological healing happen? How can we facilitate it? Dare we ask what sets the soul free? After all, the Greek *psyche* of psychoanalysis is closer to soul than to mind.

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# SYMPOSIUM 2011

## OUR PRACTICE TODAY: TREATMENT AND TRANSFORMATION

**MOUNT SINAI MEDICAL CENTER: Stern Auditorium**

100th Street and Madison Avenue

March 6th & 7th, 2009

**SPONSORS:** Division of Psychotherapy at Mount Sinai Medical Center (Patron); American Association for Psychoanalysis in Clinical Social Work; The American Academy of Psychoanalysis and Dynamic Psychiatry; American Institute for Psychoanalysis; The American Society of Psychoanalytic Physicians; The Association for Child Psychoanalysis; Confederation of Independent Psychoanalytic Societies; Division of Psychoanalysis (39) American Psychological Association; Institute for Contemporary Psychotherapy; Institute for Contemporary Psychotherapy and Psychoanalysis, Washington, DC; Institute of Psychoanalysis, London; Institute for Psychoanalytic Training and Research; Karen Horney Clinic; Los Angeles Institute and Society for Psychoanalytic Studies; The Manhattan Institute for Psychoanalysis; The Masterson Institute for Psychoanalytic Psychotherapy; The Metropolitan Institute for Training in Psychoanalytic Psychotherapy; National Association for the Advancement of Psychoanalysis; National Psychological Association for Psychoanalysis; The New York Freudian Society; The New York School For Psycho-analytic Psychotherapy and Psychoanalysis; New York Psychoanalytic Society and Institute; The NYU Postdoctoral Program in Psychotherapy and Psychoanalysis; The Psychoanalytic Institute affiliated with NYU School of Medicine; The Postgraduate Psychoanalytic Society and Institute; Psychoanalytic Center of California; The Psycho-analytic Center of Philadelphia; The Psychoanalytic Psychotherapy Study Center; Westchester Center for the Study of Psychoanalysis and Psychotherapy; William Alanson White Institute. *The American Journal of Psychoanalysis; The Candidate Journal; Contemporary Psychoanalysis; International Journal of Psychoanalysis; Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry; Psychoanalytic Dialogues, Psychoanalytic Psychology; The Psychoanalytic Quarterly; The Psychoanalytic Review; Psychoanalytic Study of the Child.*

**Organizing Committee:** Arnold D. Richards, Conference Chair. Ahron Friedberg, Conference Cochair • Kenneth Winarick, Program Cochair • Ahron Friedberg, Program Cochair • Elizabeth Ronis, Symposium Coordinator • Elizabeth Carr, Harold B. Davis, Jill Delaney, Carolyn Ellman, Steven Ellman, Ahron Friedberg, Lawrence Friedman, Sheldon Goodman, Sheila Hafter Gray, Nancy Cromer Grayson, Jay Greenberg, Alicia Guttman, Jane S. Hall, Samuel Herschkowitz, Irwin Hirsch, Leon Hoffman, Ruth Imber, Lawrence Josephs, Elliot Jurist, Harvey Kaplan, Robert A. King, Linda Larkin, Joyce A. Lerner, Holly Levenkron, Joseph Lichtenberg, Judith Pearson, Miriam Pierce, George Satran, Stephen Seligman, Henry F. Smith, Hillel Swiller, Matthew Tolchin, Jason Wheeler, Sondra Wilk.

**Cover cartoon:** Leo Cullum, *New Yorker*, April 12, 2010.

# OUR PRACTICE TODAY: TREATMENT AND TRANSFORMATION

= **SATURDAY, MARCH 5th, 2011** =

**9:00 to 9:15**

Introduction: Hille Swiller  
Opening Remarks: Wayne Goodman

**9:15 to 9:45**

Plenary Presentation: Fred Pine

**9:45 to 11:00**

Panel 1: How Often? How Long? How Deep?  
Moderator: Ken Winnarick  
Panelists: Peter B. Dunn, Jane S. Hall, Edgar Levenson

= **Coffee Break: 11:00 to 11:15** =

**11:15 to 12:45**

Panel 2: Beyond the Dyad  
Moderator: Barbara Feld  
Panelists: Carl Bagnini, Vivian Eskin, Fred M. Sander

**LUNCH: 12:45 to 2:00**

**2:00 to 3:15**

Panel 3: Treating Children in the Nursery and Playroom  
Moderator: Phyllis Beren  
Panelists: Will Braun, Arlene Kramer Richards

**Coffee Break: 3:15 to 3:30**

**3:30 to 5:00**

Panel 4: Working with Dying Patients and their Families  
Moderator: Sam Klagsbrun  
Panelists: Rita Reiswig, Jim Strain, Norman Straker (film)

= **SUNDAY, MARCH 6th, 2011** =

**9:00 to 9:15**

Introduction: Margery Quackenbush

**9:15 to 10:45**

Panel 5: Neuropsychanalysis: Mind & Matter  
Moderator: Michael Silverman  
Panelists: Jay Harris, Maggie Zellner, and Dan V. Iosifescu

**Coffee Break: 10:45 to 11:15**

**11:15 to 12:45**

Panel 6: Without Walls  
Moderator: Philip Luloff  
Panelists: Carole Rosen, Elise Snyder, and Nathan Szajnberg

**12:45 to 1:00**

Closing Remarks: Arnold Richards

**CARL BAGNINI**, LCSW, BCD, Founder, Senior Faculty, The International Psychotherapy Institute (IPI), Wash, DC; Derner Institute Post graduate Programs in Supervision, and Couples Therapy; NY Institute for Psychotherapy Training. Co-Chair LI Teaching Affiliate of IPI. Author of papers and book chapters on object relations, narcissism in couples, step family treatment, triadic space in supervision. Mr. Bagnini is in private practice in Port Washington, NY.



**PHYLLIS BEREN**, PhD, Faculty, Training and Supervising Analyst at the Institute for Psychoanalytic Training and Research (IPTAR), and at the NY Freudian Society; Faculty and Supervisor at the IPTAR Child and Adolescent Psychotherapy Training Programs. Past-President, IPTAR; Editor of *Narcissistic Disorders in Children and Adolescents: Diagnosis and Treatment*.



**WILL BRAUN**, PSYD, Faculty, NY Psychoanalytic Institute and Lenox Hill Hospital; Co-Chair, Committee on Public Information, American Psychoanalytic Association; Director of Training, NYPI; Clinical Psychology Internship and Externship. Psychological Consultant, George Jackson Academy; Counselor, Hunter College High School.



**PETER DUNN**, MD, Member and Director for Clinical Services, New York Psychoanalytic Institute; Assistant Professor and five-time recipient of the “Teacher of the Year” award, Psychiatry Residency, Mount Sinai Hospital. Editorial Board, *Psychoanalytic Quarterly*. Dr. Dunn is in private practice in New York City.



**VIVIAN ESKIN**, PhD, Faculty, Training and Supervisory Analyst at the NY Freudian Society, graduate of the Anni Bergman Parent/Infant Program. Dr. Eskin has published articles in several leading journals on the themes of trauma and bereavement from 1992 through the present. Among them are the Holocaust; Ambiguous Loss; “The Ladies in Waiting” (on a group for wives and mothers of soldiers deployed in the Iraq and Afghanistan Wars), and “On Wating and not Knowing: When A Parent Gets Deployed.” She is fluent in Hebrew and English and is in private practice in New York City.



**BARBARA FELD**, LCSW, Faculty, Asst. Professor, Mount Sinai Hospital Department of Community Medicine Department; and Head of the Family Therapy Training Program for residents in the Department of Psychiatry. Author of multiple articles about couple and couples group therapy. Member, Editorial Board, Journal Group 2000–present; Editor of “Couples Group Therapy for Group Therapists” in *Group*, June, 2004, “Psychoanalysis and Couple Therapy” in *Psychoanalytic Inquiry*; June/July 2004. Executive Board, Eastern Group Psychotherapy Society; 2000–2004; Secretary, EGPS, 2005–2009.



**WAYNE K. GOODMAN**, MD, Esther and Joseph Klingenstein Professor and Chairman of the Department of Psychiatry, Mount Sinai School of Medicine. Principal Developer of Yale Brown Obsessive Compulsive Scale (Y-BOCS); Co-founder, International Obsessive Com-pulsive Foundation; Former chair FDA Psychopharmacological Advisory Committee. Expert in the development and application of deep brain stimulation (DBS) for treatment-resistant OCD. Author of over 250 publications.



**JANE S. HALL**, LCSW, Faculty, Training and Supervising analyst: NYFS, NYSPP, MITPP. Former President, NYFS. Founding board member, New York School For Psychoanalytic Psychotherapy; former director and originator of the NYFS Psychoanalytic Psychotherapeutic Program. Member: IPA, ApsA, AAPCSW. Author: *Roadblocks on the Journey of Psychotherapy* (2004), *Deepening the Treatment* (1998). She is in private practice in New York City.



**JAY HARRIS**, MD, Residency Training Director in Psychiatry, Stony Brook University Medical Center, 1996–2000; Residency Training Director, Cabrini Medical Center, 1989–1994, Unit Chief, Metropolitan Hospital, 1981–1989; Author: *A Design for Psychotherapy with Schizophrenic Patients*, *Current Developments in Treatment*, *Murals of the Mind: Image of a Psychiatric Community*, *The Roots of Artifice The Origins of Literary Creativity*, *Clinical Neuroscience: From Neuroanatomy to Psychodynamics*, and *How the Brain Talks to Itself: A Clinical Primer of Psychotherapeutic Neuroscience*. He is in private practice in New York City.



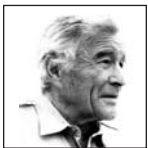
**DAN IOSIFESCU**, MD, MSc, Director of the Mood and Anxiety Disorders Program and Associate Professor of Psychiatry and Neuroscience at Mount Sinai School of Medicine, Lecturer in Psychiatry at Harvard Medical School. Dr. Iosifescu is an expert on treatment-resistant mood disorders (major depression and bipolar disorder) and on biomarkers of treatment outcome (MRI, MRS, quantitative EEG) in mood disorders. Author of over 80 publications.



**SAMUEL KLAGSBRUN**, MD, Professor of Clinical Psychiatry & Behavioral Sciences, Department of Psychiatry and Behavioral Sciences, Albert Einstein School of Medicine. Executive Medical Director, Four Winds Hospital, Department of Psychiatry and Behavioral Sciences. Consultant: St. Christopher's Hospice, London, England



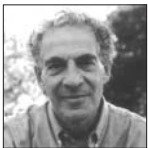
**EDGAR LEVENSON**, MD, Fellow Emeritus, Faculty, Training. Supervisory Analyst William Alanson White Institute; Adjunct Clinical Professor of Psychology, Division of Graduate Studies, NYU; Honorary Fellow, Postgraduate Center for Mental Health; Honorary member, American Psychoanalytic Association; Life Fellow, American Academy of Psychoanalysis; Distinguished Life Fellow American Psychiatric Association; Mary S. Sigourney Award. 2007; Author: *Fallacy of Understanding* (1972); *The Ambiguity of Change* (1983); and *The Purloined Self* (1991).



**PHILIP LULOFF**, MD, Asst. Clinical Professor of Psychiatry, Mt. Sinai School of Medicine; Assoc. Director, Div. of Psychotherapy, Dept. of Psychiatry, MSSM; International reputation for work in Group Therapy and Sex Therapy: Workshops on Sex Therapy, Couple Therapy, and Group Therapy, American Group Psychotherapy Association (AGPA), the Eastern Group Psychotherapy Society (EGPS), The International Association For Group Psychotherapy (IAGP). President-elect of the American Association of Psychoanalytic Physicians, Chairman of the Committee on Group, Family, and Couple Therapy, District Branch, American Psychiatric Association.



**FRED PINE**, MD is Emeritus Professor in the Department of Psychiatry at the Albert Einstein College of Medicine. He is the author of *Developmental Theory and Clinical Process* (1985), *Drive, Ego, Object, and Self* (1990), and *Diversity and Direction in Psychoanalytic Technique* (2003). He is in private practice in New York City.



**MARGERY QUACKENBUSH**, PhD, Executive Director of the National Association for the Advancement of Psychoanalysis; Graduate of the Center for Modern Psychoanalytic Studies; Recipient of the Miriam Berkman Spotnitz Award for Scholarly Excellence; Reviewer, "Recent Research on Memory" by Dr. Eric Kandel. Recent Brain Experiments on Memory, Recent Research on Dreams and Memory. Lic. Psychoanalyst. in private practice in New York City.



**RITA REISWIG**, MS, Faculty, Training, supervising analyst, NYFS; Faculty. Member, Institute for Psychoanalytic Training and Research (IPTAR); Co-Director of The Anni Bergman Parent / Infant Training Program (New York Freudian Society and IPTAR). Ms. Reiswig is in private practice in New York City and East Hampton, NY.



**CAROLE ROSEN**, MA, MSW, LCSW, Supervising and Training Analyst at NPAP. Specializing in cross-cultural psychoanalysis. She sees many patients from Eastern cultures including China, India, Japan and Korea. Ms. Rosen has been working in Mandarin Chinese with patients in China via the internet (Skype and web-cam). Author of "Special Issues in Working with the Bilingual Patient" in *Psychoanalytic Social Work* (2003). Former Coordinator of Hunter College's International English Language Institute's Counseling Services. She is in private practice in New York City, working with both individuals and couples.



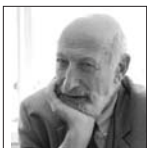
**ARLENE KRAMER RICHARDS**, EdD, Training and Supervising Analyst, New York Freudian Society; Fellow, Institute for Psychoanalytic Training and Research; member, APsaA and IPA. Author, *How to Get it Together When Your Parents are Coming Apart* (Random House Children's Books, 1976), and coeditor, *Fantasy Myth and Reality: Essays in Honor of Jacob Arlow* (IUP, 1988) and papers on female sexuality, perversion, and gambling. Dr. Richards is in private practice in New York City.



**ARNOLD D. RICHARDS**, MD, Training and Supervising Analyst, New York Psychoanalytic Institute, former Editor *Journal of the American Psychoanalytic Association* (1994–2003), *The American Psychoanalyst* (1989–1994); Faculty, Department of Psychiatry, NYU. Member, APA, Division 39, Section I, New York Freudian Society. Honorary member, Karen Horney Clinic, New Jersey Psychoanalytic Society. Dr. Richards is in private practice in New York City.



**FRED M. SANDER**, MD, Associate Clinical Professor of Psychiatry, Weill-Cornell Dept. of Psychiatry. Faculty, New York Psychoanalytic Institute Psychotherapy Program, Editor of the just-released book *Created in Our Own Images.com* (2010) published by International Psychoanalytic Books ([www.IPBbooks.net](http://www.IPBbooks.net)). Forty years of teaching and practice of psychoanalytic couples therapy. Dr. Sander is in private practice in New York City.



**MICHAEL SILVERMAN**, PhD, Faculty, Asst. Professor. Psychiatry, Mount Sinai School of Medicine, psychodynamic and cognitive behavioral treatments; Author of *Unleash Your Dreams* (2007), he is a regular contributor to TruTV's *In Session* and has appeared as a discussant or commentator on CNN, CW Network, Fox News, and HLN. A contributor to many publications for public, academic and medical audiences, he is currently focusing on the study of neuroanatomical, neurobiological and neurofunctional mood changes during pregnancy and post-pregnancy.



**ELISE SNYDER, MD,** Faculty; Assoc. Clinical Professor of Psychiatry, Yale U. School of Medicine; Graduate of the Western New England Institute for Psychoanalysis; Member, Academy of Psychoanalytic Medicine (APM) Councilor-at-Large, APsA; Past President of the American College of Psychoanalysts; Founder, President, China American Psychoanalytic Alliance (CAPA) which runs a 2-year Psychoanalytic Psychotherapy Training Program in Adult and Child therapy in various mental health settings in ten cities in China. CAPA also provides psychoanalysis and psychotherapy to Chinese mental health professionals.



**JAMES STRAIN, MD,** Faculty, Professor of psychiatry, Mt. Sinai School of Medicine; Attending at the Mt. Sinai Hospital. Former director, Consultation-Liaison psychiatry programs at Albert Einstein College of Medicine and Mount Sinai. Pioneering research on mental health training of nonpsychiatric physicians, compliance with research protocols, and electronic health records for psychiatric and medical comorbidity, he has been active in the development of DSM-IV and DSM-5 sections on adjustment disorders. He has published and lectured widely on the diagnosis and treatment of psychiatric and medical comorbidity.



**NORMAN STRAKER, MD,** Clinical Professor of Psychiatry, Weill-Cornell College of Medicine; Distinguished Life Fellow APA; Consultant, Sloan Kettering Cancer Center, Adjunct Lecturer Mount Sinai School of Medicine; Faculty, NY Psychoanalytic Inst. Producer of the film *The Courage To Survive: Facing The Loss of Your Soul-Mate*; co-creator of the film *On the Edge of Being: When Doctors Confront Cancer*. Best known for lectures on analytic psychotherapy for cancer patients. He is in private practice in New York City.



**HILLEL I. SWILLER, MD,** Clinical Professor of Psychiatry and Director, Division of Psychotherapy, Mount Sinai School of Medicine; Distinguished Life Fellow, American Psychiatric Association; Fellow, American Group Psychotherapy Association, NY Academy of Medicine. Coeditor, *Group Therapy in Clinical Practice* (1993) and the chapter on Group Psychotherapy for *Textbook on Psychotherapy* of the American Psychoanalytic Society. In private practice in New York City.



**NATHAN SZJANBERG, MD,** Training Analyst, Israel Psychoanalytic Society, member, Columbia, NY, and San Francisco Psychoanalytic Societies, Visiting Professor at Columbia. Former Sigmund Freud Professor of Psychoanalysis at Hebrew University, Wallerstein Research Fellow in Psychoanalysis. Author of 3 books: *Educating the Emotions: Bruno Bettelheim and Psychoanalysis*; *Lives Across Time* (a 30-year follow-up on Sylvia Brody's infants); and *Reluctant Warriors*. He is in private practice in New York City.



**KENNETH WINARICK, PhD,** Past President, Director of Training, Training and Supervising Analyst, The American Institute for Psychoanalysis, Karen Horney Psychoanalytic Center. Past Director, Faculty, and Supervisor, The Psychological Internship Training Program, The Karen Horney Clinic. Advanced Candidate, The Child and Adolescent Psychoanalytic Program of the New York Freudian Society. Recipient of the APA Edith Sabshin Teaching Award. Dr. Winarick is in private practice in New York City.



**MAGGIE ZELLNER, PhD, LP,** Psychoanalyst and behavioral neuroscientist; Adjunct Faculty, The Rockefeller University. Neuropsychoanalytic Educator at the Annual Congress, International Neuropsychoanalysis Society, Psychoanalytic Institute of Northern California, and formerly at the National Institute for the Psychotherapies. Executive Director of the Neuro-psychoanalysis Foundation in New York. Dr. Zellner is in private practice in New York.



# Announcements

Transcripts and recordings of the presentations  
will be available online after the conference at:



[www.internationalpsychoanalysis.net](http://www.internationalpsychoanalysis.net)

*A psychoanalytic slant on the world...*

And also visit [www.IPBooks.net](http://www.IPBooks.net)



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our past Symposia are available from Mental Health Resources  
on-site in the lobby of Stern Auditorim.

**MHR**

**Past Symposia books include:**

*The Seduction Theory in Its Second Century: Trauma,  
Fantasy, and Reality Today* (ed. Michael I. Good)

*The Dream After a Century: Symposium 2000 on Dreams*  
(ed. Melvin R. Lansky)

For more information contact [psypsa@aol.com](mailto:psypsa@aol.com)

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### **SYMPOSIUM 2011**

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# SYMPOSIUM 2011

## OUR PRACTICE TODAY: TREATMENT AND TRANSFORMATION

### Participants:

Carl Bagnini, Phyllis Beren, Will Braun, Peter Dunn, Vivian Eskin,  
Barbara Feld, Wayne Goodman, Jane Hall, Jay Harris,  
Sam Klagsbrun, Edgar Levenson, Phillip Luloff, Fred Pine,  
Margery Quackenbush, Rita Reiswig, Arlene Kramer Richards,  
Arnold Richards, Carole Rosen, Fred Sander, Michael Silverman,  
Elise Snyder, Jim Strain, Norm Straker, Hillel Swiller,  
Nathan Szajnberg, Ken Winarick, and Maggie Zellner

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*Brochure design by Lawrence Schwartz Partners*