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Conference On The Psychology and
Neurobiology of Early Trauma
 c/o: Lawrence Schwartz Partners,
 25-79 31 Street, Astoria, NY 11102

Do Babies Remember Trauma?

Did you know that until 1990 babies in the U.S.A.



were routinely operated on *without anesthesia*?

The Margaret S. Mahler Foundation and The Columbia Center for Psychoanalytic Training and Research present a one-day Conference:

The Psychology and Neurobiology of Early Trauma

Saturday October 1, 2011

The Miller Theatre
Columbia University
116th Street and Broadway
New York, New York

Program Committee: Susan Coates PhD,
 Alexandra Harrison MD, Susan Vaughan MD

Do Babies Remember Trauma?

The Psychology and Neurobiology of Early Trauma

Did you know that until 1990, throughout much of the U.S., surgery on babies was routinely performed without anesthesia? It is true that babies don't remember, in the sense of linear, episodic, narrative memory. But it is not true that they don't remember at all. So what do they remember?

In this interdisciplinary colloquium, we consider the developmental, neurobiological, and psychological consequences of trauma in infancy, and explore "what babies remember"—through case presentations of children traumatized before one year of age, and through the scientific study of the effects of pain and trauma in infancy. What do infants experience when they are exposed to overwhelming threat and pain? What do these experiences do to their developing brains, bodies, and senses of self? What is their meaning for the infant? What significance does the answer to these questions have for our treatment of traumatized infants and their families, and what does this mean in terms of our priorities in health care planning on a national level?

Our speakers include renowned clinicians and researchers in pediatric trauma who bring their extraordinary knowledge and experience to this critical subject. In addition to these speakers we will have the privilege of hearing from a survivor of trauma in infancy, a remarkable young woman who will talk about what she remembers, and about her treatment with Dr. Terr.

The goals of this symposium will be: to introduce clinical and scientific information about trauma in infancy; to offer a creative dialogue among experts with different perspectives and areas of expertise related to trauma in infancy; to help participants appreciate the importance of early intervention and its implications for public health planning.

8:30 AM: REGISTRATION

9:00: WELCOME

William Singletary, MD

President, Margaret S. Mahler Foundation
and

Eric Marcus, MD

Director, Columbia Center for
Psychoanalytic Training and Research

(Moderators: **Karen Gilmore, MD,**
and **Susan Scheffel, PhD**)

9:15–10:10

Susan Coates, PhD

Do Babies Remember Trauma?

Discussant: Henri Parens, MD

10:15–11:10

Sunny Anand, MD

***Consciousness and Pain Perception
in Early Human Development***

Discussant: Alexandra M. Harrison, MD

-BREAK: 11:10–11:25-

11:25–12:20

Theodore Gaensbauer, MD

Neurobiological Effects of Early Trauma

Discussant: Susan Vaughan, MD

There will be no audience discussion in the morning;
in the afternoon, there will be a Group Discussion
led by Alexandra M. Harrison.

-BREAK FOR LUNCH: 12:20–2:00-

2:00–3:25

Lenore Terr, MD and

her patient **Mia Behrens**

"Too Scared to Cry"

What Happens to Memory?

Discussant: Maria Sauzier, MD

3:25–4:30

PANEL DISCUSSION

Moderator: Alexandra M. Harrison, MD

4:30 PM: Close of Conference

K.J.S. ("Sunny") Anand, MBBS, D.Phil. currently holds the St. Jude Chair of Pediatric Critical Care Medicine, as Professor of Pediatrics, Anesthesiology, Anatomy & Neurobiology at University of Tennessee Health Science Center in Memphis; he is Chief of Critical Care Medicine for Le Bonheur Children's Hospital and St. Jude Children's Research Hospital. For research in early pain/stress, he has received numerous awards, including the 2009 Nils Rosen von Rosenstein Medal from the Swedish Academy of Medicine. He has published over 200 peer-reviewed articles, and edited multiple books and journal issues on neonatal pain. For community service, he has received the Father Joseph Biltz Award (2007) and the Dr. Martin Luther King, Jr. "Salute to Greatness" Award (2008).

Susan Coates, PhD is a Clinical Professor of Psychology in Psychiatry at the Columbia College of Physicians and Surgeons and is a member of the teaching faculty at the Columbia Center for Psychoanalytic Training and Research. She worked in the "Kids Corner" at the Family Assistance Center after 9/11 and is an editor, with Dan Schechter and Jane Rosenthal, of the book, *September 11: Trauma and Human Bonds*. She has published on issues of trauma, attachment and gender, and has a special interest in children with a traumatic history and in children with autistic spectrum disorders.

Theodore Gaensbauer, MD is a Clinical Professor of Psychiatry at the University of Colorado Health Sciences Center and is also on the faculty of the Irving Harris Program in Child Development and Infant Mental Health within the Division of Child Psychiatry. He is board certified in Child and General Psychiatry and is a Distinguished Fellow of the American Psychiatric Association and a Life Fellow of the American Academy of Child and Adolescent Psychiatry. He is the co-author of the book *Emotional Expression in Infancy: A Biobehavioral Study* and has published extensively on preschool trauma. He is a national expert on preschool trauma.

Karen Gilmore, MD is a Clinical Professor of Psychiatry at the Columbia College of Physicians and Surgeons. She is Director of the Child Division, and a Training and Supervising Analyst at the Columbia Center for Psychoanalytic Training and Research.

Alexandra Murray Harrison, MD is a Training and Supervising Analyst at the Boston Psychoanalytic Society and Institute in Adult and Child Psychoanalysis, an Assistant Clinical Professor of Psychiatry, Harvard Medical School, at the Cambridge Health Alliance, and Core Faculty of the Infant-Parent Mental Health Program at University of Massachusetts Boston. She has a special interest in preschool children, autistic spectrum disorders, and infantile trauma. She is developing a model for supporting the caregivers of children in developing countries.

Henri Parens, MD is a Professor of Psychiatry, Thomas Jefferson University, and Training & Supervising Analyst (Adult and Child), Psychoanalytic Center of Philadelphia, and author of over 220 publications, including 10 authored and 9 co-edited books, 5 scientific films, a documentary, and a TV series for CBS. He is the recipient of two Life-time achievement awards, and the recipient of the Arnold Lucius Gesell Preis award (Ludwig-Maximilians-Universitaet, Munich).

Maria C. Sauzier, MD is an Assistant Clinical Professor in Psychiatry, Harvard Medical School, at the Cambridge Health Alliance. Her private practice is in both adult and child psychiatry, with a special interest in childhood trauma. She has done research in childhood sexual abuse, and is a distinguished and valued teacher. She was the first recipient of the Child Psychiatry Teaching Award at the Cambridge Health Alliance that bears her name.

Susan Scheffel, PhD is a child analyst and an adult, child, and adolescent psychologist on the faculty of the Columbia Center for Psychoanalytic Training and Research and the Columbia Parent Infant Program. She has written about childhood and creativity, and is the 2010 winner of the Margaret Mahler Literature Prize.

Lenore Terr, MD Named a "hero of medicine" by the Secretary of Health and Human Services, Lenore Terr has won virtually every major prize in general and child psychiatry for clinical research and psychotherapy. She is the author of the books, *Too Scared to Cry*, *Unchained Memories*, *Beyond Love and Work*, and *Magical Moments of Change*. She attended medical school and was psychiatrically trained at the University of Michigan where she learned infant research techniques from Selma Fraiberg, and began studying "battered child syndrome" with Andrew Watson. After opening a practice in San Francisco, she had the opportunity to study over a 4-year period a group of 26 children kidnapped at Chowchilla. Other notable studies include a characterization of childhood memories of trauma from 20 verified cases.

Susan Vaughan, MD is Assistant Clinical Professor of Psychiatry at the Columbia College of Physicians and Surgeons, and on the faculty of the Columbia Center for Psychoanalytic Training and Research. She has a special interest in Affective and Anxiety Disorders and she is the author of 3 books including *The Talking Cure: The Science Behind Psychotherapy*, which focuses on neural plasticity and the impact of developmental experiences with caretakers on the structure and function of the brain.