PSYCHOANALYSIS AND DYNAMIC PSYCHIATRY:
TRANSCULTURAL ASPECTS IN TRAINING AND PRACTICE

AMERICAN ACADEMY OF PSYCHOANALYSIS AND DYNAMIC PSYCHIATRY &
CHULALONGKORN UNIVERSITY DEPARTMENT OF PSYCHIATRY
COLLABORATIVE CONFERENCE

25 - 27 January 2012
H.M. Queen Sirikit Building (10th floor)
Mongkolnavin Conference Room
Faculty of Medicine
Chulalongkorn University
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**25 January 2012**

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**27 January 2012**
Hosting Committee:

Sophon Naptoporn M.D.
รศ.นพ. โศภณ นภาธร
Associate Dean for Academic Affairs
Faculty of Medicine, Chulalongkorn University

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รศ.พญ.ศิริลักษณ์ ศุภปิติพร
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หัวหน้าภาควิชาวิชาจิตเวชศาสตร์

Parichawan Chandarasiri, M.D.
พญ.ปริชวัน จันทรศิริ
Department of Psychiatry, King Chulalongkorn Memorial Hospital
Developmental Paediatric and Child Psychiatrist, Bangkok Nursing Home Hospital (BNH)

Umaphorn Trangkasomb, M.D.
ศ.พญ. อุมาพร ตรังคสมบัติ
Professor and Director of the Child Psychiatry Program
Department of Psychiatry
Faculty of Medicine, Chulalongkorn University
César A. Alfonso, M.D.
caa2105@columbia.edu

Dr. Alfonso is President of the American Academy of Psychoanalysis and Dynamic Psychiatry. He has been awarded Fellowship in The American Academy of Psychoanalysis and Dynamic Psychiatry, The Academy of Psychosomatic Medicine, The American College of Psychoanalysts and The New York Academy of Medicine.

Originally born in Cuba, he relocated to Spain and Puerto Rico for primary and secondary school. He moved to the USA in 1978 to pursue studies at Yale University. At New York Medical College he completed medical school and residency in psychiatry, followed by a psychosomatic medicine fellowship and certification in psychoanalysis. He is board certified in psychiatry, addiction psychiatry and geriatric psychiatry.

His clinical interests include the psychiatric care of the medically ill, psychodynamic aspects of creativity and prosocial behavior. His clinical practice includes private practice and psychosomatic medicine consultations. He has conducted research in bioethics, psychosomatic medicine, mood and anxiety disorders, and non-adherence to care.

Presently he holds teaching appointments at Columbia University and at New York Medical College. He teaches psychiatric residents the combined practice of psychotherapy and psychopharmacology. He is training and supervising analyst at New York Medical College Psychoanalytic Institute and on the guest faculty of the American Institute for Psychoanalysis. He has lectured extensively in China (Beijing, Chengdu, Wuhan and Shanghai) and at ABAC University in Bangkok.

Christina Chayada Kitt, M.D.
cck2115@columbia.edu

Christina Chayada Kitt, MD is a fourth year psychiatry resident at Columbia-Presbyterian Medical Center in New York City. She is a Psychiatric Associate of the American Academy of Psychoanalysis and Dynamic Psychiatry and a 2011-2012 Fellow of the Columbia University Center for Psychoanalytic Training and Research. She is also a recent recipient of the Humanism and Excellence in Teaching Award by the Columbia College of Physicians and Surgeons class of 2013.

Dr. Kitt was born and raised in the United States by Thai parents.

Dr. Kitt’s mother is a graduate of Faculty of Medicine, Chulalongkorn University and her father is a graduate of Faculty of Medicine, Chiang Mai University. During middle school, Dr. Kitt spent one year studying at St. Joseph’s Convent School in Bangkok, Thailand. She returned to the United States for high school and went on to graduate magna cum laude from Georgetown University in Washington, DC with a Bachelors of Art in English and Psychology. She earned her medical degree from Georgetown in 2008.

Dr. Kitt’s professional interests include psychoanalysis, psychosomatic medicine, cross-cultural psychiatry, and medical student education. Following gradation from residency, she will be undergoing psychosomatic medicine (consultation-liaison) fellowship training at Columbia-Presbyterian Hospital. She is looking forward to visiting the Department of Psychiatry at Faculty of Medicine, Chulalongkorn University and learning more about the practice of psychiatry in Thailand.
Dr. Olarte is an American Psychiatric Association Distinguished Fellow and a Fellow of the American Academy of Psychoanalysis and Dynamic Psychiatry. She is a Clinical Professor of Psychiatry and Training and Supervising Analyst at New York Medical College. She has a psychodynamic private practice in New York.

She has been President of the Association of Women Psychiatrists and of the American Academy of Psychoanalysis and Dynamic Psychiatry. She devoted great part of her earlier career to serving the Latino population in New York City at Metropolitan Hospital where she was Director of the Outpatient Department before being Director of Psychiatry.

At the American Psychiatric Association, she served on the Committee of International Medical Graduates, the Committee on Hispanics and the Committee on Women. She was Chair of the Task Force on Educating Psychiatrists on Ethical Issues and Chair of the Council on National Affairs. She has been the recipient of the George Tarjan Award and the Alexandra Symonds Award. She has received the American Psychiatric Association Special Presidential Commendation and the American Academy of Psychoanalysis and Dynamic Psychiatry Presidential Award.

She has published on women’s issues, bioethics, boundaries violations, psychodynamic treatment of deprived populations, and changes in psychodynamic practice.

Christopher T. Perry is a graduate of The United States Military Academy at West Point, NY. After graduating from West Point, he attended medical school at The Uniformed Services University of the Health Sciences in Bethesda, Maryland followed by completion of a psychiatric residency at Walter Reed Army Medical Center in Washington, DC.

Dr. Perry is a graduate of the Washington Baltimore Fellowship in Psychoanalysis and of the International Institute for Psychotherapy in Bethesda, Maryland. He is a Psychiatric Member of the American Academy of Psychoanalysis and Dynamic Psychiatry.

Dr. Perry served 4 years as a staff psychiatrist in South Korea. After this service, he completed a fellowship in Addiction Psychiatry at the University of Hawaii. Currently, he serves as Chief of Inpatient Psychiatry Services at Tripler Army Medical Center in Honolulu, Hawaii.

His professional interests include addiction psychiatry, psychodynamic psychotherapy, and forensic work in psychiatry. He is planning to pursue Forensic Psychiatry Fellowship training.

He enjoys traveling and has visited Thailand on a number of occasions including Bangkok, Chiang Mai, Chiang Rai, and Phuket.
Luis Garza, M.D.  
luisgarza@mac.com  

Luis Angel Garza, M.D. received his Bachelor of Arts in Biology from Texas A&M University and earned his M.D. from the University of Texas-Houston Medical School. He completed psychiatry residency at New York University. He is a Psychoanalytic Fellow of the American Academy of Psychoanalysis and Dynamic Psychiatry.

Following psychiatry residency, Dr. Garza cultivated his interest in cross-cultural psychiatry through the Columbia University Public Psychiatry Fellowship. His fellowship project consisted of starting the Latino Inpatient Unit at Bellevue Hospital, where he later served as Program Director. Dr. Garza completed the Adult Psychotherapy Program in 2004 from the Institute for Psychoanalytic Education affiliated with the NYU School of Medicine. He then continued his training at the Institute for Psychoanalytic Education affiliated with the NYU School of Medicine and completed the Adult Psychoanalysis Training Program in 2011.

Currently, Dr. Garza is an Assistant Clinical Professor in the Department of Psychiatry at Columbia-Presbyterian Medical Center. He works at the Lucy A. Wicks Clinic at Columbia-Presbyterian, where he treats adult outpatients with HIV/AIDS. In addition to his clinical duties, he also teaches and supervises Columbia University Psychology Interns. Dr. Garza has a private practice in Manhattan, in which he treats a wide range of patients with psychiatric and medical issues with psychoanalytic psychotherapy and psychoanalysis.

Megan Marumoto, M.D.  
megan.marumoto@us.army.mil  

Dr. Marumoto graduated from the University of Hawaii with a Bachelor in Science degree in Biology. She also received her medical school education and General Psychiatry and Child & Adolescent Psychiatry training at the University of Hawaii. She practices as a clinical Child & Adolescent Psychiatrist in an outpatient clinic at Tripler Army Medical Center in Honolulu, Hawaii. She works with youths aged 2 to 22 years old. Their guardians are in the U.S. military.

Dr. Marumoto is a clinical faculty member at the Uniformed Services University of the Health Sciences and as Clinical Associate Professor at the University of Hawaii. She participates in the training of psychiatry residents and child & adolescent psychiatry fellows at Tripler Army Medical Center.

Dr. Marumoto is certified by the ABPN in Adult, Child and Adolescent Psychiatry and serves as a board examiner for the American Board of Psychiatry and Neurology.

She is a Psychiatric Associate Member of the American Academy of Psychoanalysis and Dynamic Psychiatry.
Elise S. Snyder, M.D.
elise.snyder@yale.edu

Dr. Snyder is the Founder and President of the Board of Directors of CAPA (China-American Psychoanalytic Alliance). She is a former President of the American College of Psychoanalysts and Councilor of the American Psychoanalytic Association. She serves on the Board of the Accreditation Council for Psychoanalytic Education. Dr. Snyder is a Fellow of the American Academy of Psychoanalysis and Dynamic Psychiatry and of The American College of Psychoanalysts.

She graduated from Medical School at Columbia University in 1958, and since 1985 has been Clinical Associate Professor at Yale University. She is a graduate of the Western New England Psychoanalytic Institute. Dr. Snyder is also Professor of Psychiatry at Sichuan University in China. She is a board certified psychiatrist who has practiced psychoanalysis and psychiatry in private practice for forty years in New York and Connecticut.

Dr. Snyder has been credited for the recent expansion of psychodynamic psychotherapy training in China. CAPA, which incorporated in 2006, has over 500 members internationally and has trained thousands Chinese mental health professionals over the last five years on site in China and by using videotelephony technologies.

Dr. Snyder has been visiting China several times a year for the last ten years to teach and organize mental health services in many sites, including Beijing, Wuhan, Xian, Shanghai, and Chengdu.

Wendi Waits, M.D.
wendii.waits@us.army.mil

Dr. Waits is the Chief of Behavioral Health Services at Schofield Barracks (a U.S. Army post) in Hawaii. Her current practice consists of outpatient work with Soldiers of all ages and their family members, including children and adolescents. Another significant part of her job is establishing and maintaining collaborative relationships with Army commanders, chaplains, and medical providers.

Dr. Waits graduated from college at the United States Military Academy in West Point, New York, in 1994. She graduated from medical school at the Uniformed Services University of the Health Sciences (USUHS) in Bethesda, Maryland, in 1998. She completed a residency in psychiatry at Walter Reed Army Medical Center in Washington, D.C., in 2002, and a fellowship in child and adolescent psychiatry at Tripler Army Medical Center in Honolulu, Hawaii, in 2005.

Between these training programs, she served as an Army psychiatrist in Dongucheon, Republic of Korea, for one year. From 2005-2011, she was the chief of Inpatient Psychiatry at Tripler, and completed deployments to both Iraq and Afghanistan during this time period. She has been in her current position since May 2011. Dr. Waits is a Fellow of the American Psychiatric Association, an examiner for the American Board of Psychiatry and Neurology, a Psychiatric Member of the American Academy of Psychoanalysis and Dynamic Psychiatry and an Assistant Professor of Psychiatry at USUHS.
“Psychiatry Residency Training in the United States”

Christina Chayada Kitt, M.D.

Learning Objectives:

At the conclusion of this presentation participants will be able to:

1. Describe psychiatric residency core training requirements in the United States.
2. Understand psychotherapy training during psychiatric residency in the United States.
3. Discuss potential post-residency career trajectories of early career psychiatrists in the United States.

Abstract:

While there is variation among psychiatric residency training program curricula throughout the United States, this presentation will describe the core competencies required of all psychiatric residency-training programs in the United States. The speaker will provide an overview of basic psychotherapy training within psychiatric training programs. She will also describe some post-residency career options, including American Board of Psychiatry and Neurology-certified post-graduate fellowship training opportunities and options to pursue psychodynamic psychotherapy certification courses and psychoanalytic training.

“Contributions of Psychoanalysis to the Practice of Psychotherapy in the United States”

César A. Alfonso, M.D.

Learning Objectives:

At the end of these lecture, participants will be able to:

1. Identify the fundamental concepts of psychoanalytic theory and technique.
2. Understand commonalities and core practices of all psychotherapies.
3. Understand how psychoanalysis has informed the contemporary practice of psychotherapy in the United States.

Abstract:

The presenter will offer a historical perspective describing how psychoanalysis developed in Europe and how it was modified as psychotherapy practice became widespread throughout the world. Definitions of psychoanalysis and psychodynamic psychotherapy will be given, focusing on similarities and differences, as well as explaining psychodynamic psychotherapy’s fundamental concepts of theory and technique. Finally, the presenter will explain what all psychotherapies have in common and how a unified theory of psychotherapy can be successfully applied to psychiatric education.
“Psychoanalytic Psychotherapy Training in China”

Elise S. Snyder, M.D.

Learning Objectives:
At the conclusion of this presentation participants will gain understanding of:

1. The history of psychoanalysis and psychoanalytic psychotherapy in China.

2. How to develop educational programs in Psychiatry using videotelephony.

3. How can countries collaborate in joint educational ventures to promote training of mental health clinicians.

Abstract:
The presentation consists of a brief overview of the history of psychoanalysis in China which includes reasons why psychoanalysis may be congenial to Chinese people. There follows a history of the development CAPA (the China American Psychoanalytic Alliance) in China including details of CAPA’s psychotherapy training program: its core psychoanalytic psychotherapy curriculum, its advanced curriculum, clinical supervision and personal psychotherapy. All of these take place on SKYPE and other video-conferencing software. The presentation concludes with a discussion of the advantages of distance learning for underserved areas.

“Psychodynamic Psychiatry in United States”

Silvia W. Olarte, M.D.

Learning Objectives:
At the end of this presentation participants will be able to:

1. Understand the current relationship between dynamic psychiatry and psychoanalysis.

2. Recognize current changes in psychodynamic training within United States.

3. Compare the similarity and differences in clinical practices for both groups and discuss impact on clinical psychiatric practice.

Abstract:
This presentation will describe current practice patterns for psychoanalysts and dynamic psychiatrists in United States, highlighting their similarities and differences. It will then elaborate and clarify the current theoretical understanding of the relationship between psychoanalysis and dynamic psychiatry. It will compare the results of two recent published studies, one surveying professionals trained as psychoanalysts and the other surveying professionals that while some of them are trained psychoanalysts prefer to define themselves as dynamic psychiatrists. It will close by discussing on the significance of such results for both the current practice of psychoanalysis and dynamic psychiatry and the future role of psychodynamics in the practice of general psychiatry.
Presentations:

“Psychodynamic Aspects of Addiction: The Use of Substances as Transitional Objects”

Christopher T. Perry, M.D.

Learning Objectives:

At the end of these lecture, participants will be able to:

1. Understand the role of transitional objects in development.
2. Understand how substances can serve as a transitional object during development.
3. Be able to apply psychodynamic concepts to the formulation of patients with addiction.

Abstract:

While substance use disorders are largely genetic and biological in nature, psychodynamic understanding of these disorders along with somatic treatment, rehabilitation, and 12-step programs will help the patient stop using. Donald Winnicott, a pediatrician and psychoanalyst, described a transitional object as the first “not me” possession that a child has omnipotent control over. Later in his life, he described substance use as a transitional object in some people. In normal development, a child uses the transitional object for a period of time before developing further; however, substance use often stunts development at the point it was first used. The clinician must be able to recognize the point in development at which a patient is stuck and begin to help the patient with the appropriate developmental tasks. Applying these concepts to the care of addicted patients provides insight into the psychodynamic aspects of the patient’s addiction that will allow the clinician to better help.

“Psychodynamic Aspects of Medically Ill Patients”

Luis A. Garza, M.D.

Learning Objectives:

At the end of this presentation, participants will be able to:

1. Understand the historical basis of treating neurologic and medical illnesses with psychoanalysis and psychoanalytic psychotherapy.
2. Discuss potential psychodynamic contributors or antecedents to medical illness.
3. Apply psychodynamic concepts to management of medically ill patients.

Abstract:

The presenter will provide a brief historical basis for the treatment of neurologic and medically ill patients with psychoanalysis and psychodynamic psychotherapy. Specific medical illnesses and their psychodynamic contributors will be discussed. Lastly, the speaker will provide case examples that illustrate how psychodynamic principles can be applied to the treatment of medically ill patients.
Learning Objectives:

At the end of this presentation participants will be able to:

1. Identify differences between adults and children in psychodynamic psychotherapy treatment.
2. Be able to discuss the psychodynamic assessment of youths.
3. Be able to discuss psychodynamic treatments in children & adolescents.

Abstract:

The audience will be exposed to various techniques in child & adolescent psychodynamic psychotherapy. How the approach in child therapy differs from adult therapy will be discussed. The psychodynamic assessment of children will be briefly presented followed by a discussion on various play techniques. Play techniques may resonate more with the children than talk therapy, allowing them to process their psychodynamic conflicts and affect more effectively.

Learning Objectives:

At the end of these lecture, participants will be able to:

1. Be able to define “ego integrity.”
2. Be able to name Erikson’s three life stages that occur during adulthood.
3. Be able to list at least three threats to ego integrity that occur as people enter old age.

Abstract:

This presentation will explore the psychodynamic aspects of aging as related to the ego. Ego integrity will be defined and analogies will be used to provide the audience with a helpful conceptualization of this element of Freud’s “mental apparatus.” Traditional psychoanalytic views of aging will be reviewed, as will Erik Erikson’s three adult stages. The speaker will discuss threats to ego integrity that occur during aging, as well as protective factors and therapeutic techniques to help aging patients preserve and/or strengthen their ego integrity.
Collaborative Conference Presented by:

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