Freudian Concepts of Id, Ego and Superego Applied to Chemical and Other Addictions

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This innovative counseling guide will benefit the addiction counselor and help the addicted patient locate and understand the exact nature of his or her addiction as it relates to the mind. A credentialed alcoholism and substance abuse counselor, author Leon Dickerson shows that by motivating the addicted person to participate in his or her treatment and commit to regular twelve-step program involvement, he or she will greatly enhance the odds of recovery.

Dr. Dickerson also believes that spirituality plays a major role in finding and maintaining sobriety. Numerous twelve-step programs, including Alcoholics Anonymous, use the concept of a higher power in their treatment. Freudian Concepts of Id, Ego and Superego Applied to Chemical and Other Addictions: Introducing Twelve-Step Programs as the Superego Includes a psycho educational workbook that provides topics and exercises for his Specialized Training and Educational Program System (S.T.E.P.S). This program incorporates the use of educational material in the form of pamphlets, videos, and workbooks developed by leading practitioners in the field.

Perfect for patients and counselors, Freudian Concepts of Id, Ego and Superego Applied to Chemical and Other Addictions sets the standard for chemical dependency treatment.