

*The Psychoanalytic Method in Motion* identifies and examines varied controversies about how psychoanalysts believe treatment should best be conducted. Irrespective of their particular school of thought, every analyst builds up a repertoire of his favored ways of working, which he believes to be the most efficacious approach to treatment. While such differences of opinion are unsettling and may even cast doubt on the field's legitimate status as a scientific endeavor, this book sees these differences as leading to major changes in how psychoanalysts and psychoanalytic psychotherapists practice.

In this book, Richard Tuch covers the waterfront by examining controversies that further the field by raising questions that help evolve the treatment, challenging every analyst to re-think what they are doing in the consulting room...and why. Some of the chief controversies explored include:

- the enactment debate—unparalleled tool or regrettable error?
- whether analysts can truly be “objective”
- the advantages and dangers associated with the analyst's use of authority
- the ways in which theory influences the analyst's implicit search for data, blinding him to evidence he dismisses as irrelevant
- whether any given treatment approach trumps others in terms of effectiveness, as some analysts claim
- the legitimacy of psychoanalysis itself—whether it can truly be considered scientific
- whether certain methods of supervision are more effective than others
- whether free association can be considered therapeutic beyond its data-revealing capacity
- the extent to which an analyst preferred clinical theory is a product of his personality

Drawing on ideas from a range of different analytic perspectives, this book is an essential and accessibly written guide to working towards best practice in the analytic setting. *The Psychoanalytic Method in Motion* will appeal greatly to both students and practitioners of psychoanalysis and psychoanalytic psychotherapy.