

Roy Schafer

“Born in 1922, I grew up in the Bronx, the second of four children. My parents were uneducated Jews from poor backgrounds in Eastern Europe. I attended Evander Childs High School graduating ninth in my class. Coming from a working class family, I simply assumed all along that I had no choice but to go to CCNY, knowing at the same time that it was an achievement and honor to be enrolled there. Having excelled in science in high school and being burdened by concerns about finding any suitable work during the Great Depression upon graduation, I set my sights on being a high school physics teacher and registered for a BS degree, though with no great heart for my choice. By chance, I filled in my sophomore academic schedule with a Psych 101 course taught by Joseph Barmack, then a young addition to the excellent staff being assembled by the noted scholar and new Chair, Gardner Murphy. Our readings included Freud’s General Introduction. I was entranced, I soon switched my major (against family opposition), and was taught by such brilliant professors as Max Hertzman, Isidore Chein, Martin Scherer and Gardner Murphy himself, with whom I did an Honors Project on the influence of need on perception which was subsequently published and drew significant academic attention.



In 1942, with the U.S. already engaged in the Second World War, David Rapaport, Chief Clinical Psychologist at the Menninger Clinic in Topeka, Kansas, a premier psychiatric training hospital, approached Prof. Murphy for the names of students qualified to be trained in psychological testing and serve as research assistants on a testing project undertaken for the Psychiatry Services of the U.S. Army; Prof. Murphy suggested me, I was hired. The Menningers obtained a draft deferment for the duration of the project, and worked from January, 1943 to May 1945 before being called up for military service. The research eventuated in monograph on diagnostic psychological testing that became a cornerstone of the development and academic and professional recognition of clinical psychology as a subspecialty with psychology. The subsequent details of my extensive and internationally honored career as teacher, author, and practitioner within clinical psychology and psychoanalysis are provided in condensed for in the attached CV.

In 1945, I married Sarah Paleyeff, a fellow young staff member; we had three daughters, Laura, Amy, and Sylvia, who became, respectively, a psychiatrist, pediatrician, and professor of history. I have five grandchildren. A year after divorce in 1976, I married, during her time in New York on sabbatical, Cecily de Monchaux, academic psychologist at University College London and trained psychoanalyst. She died of rapidly metastasizing cancer later in 1977. In 1986, I married again: Rita Frankiel, a front rank psychologist-psychoanalyst in New York City who died in 2007 of a recurrent cancer. Now, at age 90 and retired from professional life since 2005, I live in a retirement community in New York and pursue my lifelong general interests in literature, the arts and world affairs.

I treasured my memories of my two years as a psych major at CCCNY: the thrill of learning social experimental and personality psychology; the recognition and encouragement I received

from my wonderful teachers; the friendships with fellow students, all together gave me a new life which I will be thankful to my dying day.”

Roy Schafer, Ph.D.

B.S. City College of New York

M.A. University of Kansas, 1947

Ph.D. Clark University 1950

Diplomate, American Board of Examiners in Professional Psychology, 1952-

Fellow, American Psychological Association, 1956

Member of American Psychoanalytical Association 1972

Member, International Psychoanalytical Association

Member, Association for Psychoanalytical Medicine 1977

Lecturer, Columbia University Center for Psychoanalytical Training and Research 1977 Several editorial boards

Private practice 1979-2004

Past positions:

Psychological Intern, Menninger Clinic, Topeka, Kansas, 1943-1945.

U.S. Army Psychologist, Fort Meade Regional Hospital, Maryland 1945-1946

Chief, Adult Testing Section, Menninger Clinic, 1946-1947

Staff Psychologist, Assistant Professor, the Associate Professor, Yale University School of Medicine, Department of Psychiatry, 1953-1961

Staff Psychologist, Clinical Associate Professor, then Clinical Professor, Yale University Health Services, 1961-1976.

Lecturer, Department of Philosophy, Yale University, 1974-1975

First Sigmund Freud Memorial Visiting Professor, University College, London, 1975-1976.

Professor of Psychology in Psychiatry, Cornell University Medical College, Department of Psychiatry, 1976-1979.

Adjunct Professor, New York University, Department of Psychology, 1979-1981

Western New England Institute for Psychoanalysis 1954-1959

Instructor in West New England Institute 1959-1976

President, Western new England Psychoanalytic Society, 1965-1967

Training and Supervising Analyst, Western New England Institute, 1968-1976

Director, Low-fee Psychoanalytic Clinic, Western New England Institute, 1970-1973

Vice President, International Psychoanalytic Association, 1997-2001

Honors

- (1) David Rapaport Prize: Western New England Institute of Psychoanalysis, 1961.
- (2) Fenichel-Simmel Lectures: Los Angeles Psychoanalytical Society, 1972.
- (3) First Freud Memorial Professor, University College, London, 1975-1976.
- (4) Sandor Rado Lecture: Columbia University Center for Psychoanalytic Training and Research, 1976.

- (5) Society of Personality Assessment, Annual Award, 1978.
- (6) Heinz Werner Lectures: Clark University, 1980.
- (7) Freud Anniversary Lecture: New York Psychoanalytic Institute, 1982.
- (8) American Psychological Association Award for Contributions to Professional Knowledge, 19982.
- (9) American Board of Professional Psychology Award for Professional Contributions, 1983.
- (10) O. Spurgeon English Lecture, Temple University Department of Psychiatry, 1984.
- (11) American Psychological Association Division of Psychoanalysis Award for Contributions to Psychoanalysis. 1984.
- (12) Edith Weigert Lecture, Washington School of Psychiatry, 1990.
- (13) Edith Weigert Lecture, Washington School of Psychiatry, 1992.
- (14) George E. Daniels Merit Award, Association for Psychoanalytic Medicine, 1992.
- (15) Honorary degree (D.Phil.), University of Copenhagen, 1992.
- (16) Heinz Hartmann Lecture, 1993, New York Psychoanalytic Society and Institute.
- (17) Mary E. Sigourney Award, 1994.
- (18) Karen Horney Memorial Lecture, Association for Advancement of Psychoanalysis, 1996.
- (19) Oscar Sternbach Memorial Award, National Psychological Association for Psychoanalysis, 2004.
- (20) C. Philip Wilson Award New York University Psychoanalytic Institute, 2007.
- (21) George S. Goldman Award, Columbia University Center for Psychoanalytic Training and Research, 2008.
- (22) International Psychoanalytic Association Scientific Achievement Award, 2009.
- (23) Symposium on Roy Schafer's Contributions to Psychoanalysis, Columbia University Center for Psychoanalytic Training and Research, Oct. 20, 2012.



A few months later, Felix Cohen joined the New York law firm now known as Fried, Frank, Harris, Shriver and Jacobson and established the firm's Washington office. I became an associate in that firm, moving to a partnership a few years later. I stayed with the firm until 1948, with my practice focused largely on the representation of Indian tribes.

During these decades of law practice, I was also engaged in volunteer activities. I was active in the Democratic party of the county of my residence, Montgomery County, Maryland, and was elected Chairman of the Democratic County Central Committee in 1966, serving until 1970. From 1959 to 1979, I served on the Maryland Board of Education, during my final years as president of the Board. In the early years, I was active in the effort to bring all counties in Maryland into compliance with *Brown v. Board of Education*, the Supreme Court's desegregation decision. In later years, I was involved in efforts to start pre-kindergarten education and to provide funding for programs for children in need of special education.

In 1981, Jeane Kirkpatrick, a friend of mine and of my wife's, was appointed U.S. Permanent Representative to the United Nations. She promptly asked me to serve as U.S. representative at the UN Human Rights Commission in Geneva, a part-time position, which I then held until 1986 and again in 1993. In 1984, I was nominated to serve full-time, both on the Commission and as Deputy U.S. Representative in the UN Security Council in New York, with the rank of Ambassador. To take the full-time position I retired from my law firm.

After one year on the Security Council, I was appointed, in 1985, Assistant Secretary of State for Human Rights and Humanitarian Affairs, a position that I held until 1992. During the late 1980's, I was heavily involved in our human rights negotiations with the Soviet Union, which, under Gorbachev and Shevardnadze, made great progress. I recently co-authored, with my Soviet counter-part, a book on these negotiations, entitled *Human Rights, Perestroika, and the End of the Cold War*.

In the Clinton Administration, I served from 1993 to 2001 as Special Assistant to the President and Counselor on the staff of the National Security Council and then as Special Advisor to the Secretary of State, in which capacities I set up the Southeast European Cooperative Initiative.

I am the recipient of the Secretary of the State's Distinguished Service Award and decorations from the governments of Austria, Bulgaria, and Romania for my work and Southeastern Europe.

Since retiring, I have been active in concerted effort to confront the anti-Israel activities at the United Nations and now serve as Chairman of the Board of Directors of the American Jewish International Relations Institute.

Most importantly: I have for more than 64 years been married to Lilo Schifter, the mother of our five children, who is also a lawyer and, after raising our family, served for sixteen years as Commissioner on Maryland Public Service Commission. We have ten grandchildren and six great-grandchildren."