

BOOK REVIEW: *Women: Biology, Culture and Literature*
by Howard L. Schwartz, M.D.

As a reader, one of the things I enjoy tremendously about Dr. Howard L. Schwartz's books is the variety of topics he covers in each one. There is a cornucopia of ideas, revelations, humor, and Freudian perspectives that he brings to each book, and yet there is a singular theme that is particular to each published work. In ***Women: Biology, Culture and Literature***, as a main theme, Dr. Schwartz explores the journeys of several women from the Goddess Athena, Queen Esther, and Ruth Bader Ginsburg to Dr. Christine Blasey Ford with an eye to the psychological and sociopolitical growth that results out of the necessity of their times.

His commentary is intriguing, informative, and illuminating, with a light touch running throughout. The scope and breadth of his interests, and therefore his knowledge, is astounding in itself, but the fact of it allows the reader to take a ride through a Fun House that is at the same time serious, delightful, whimsical, profound, and satisfying. I encourage all readers—because this is not just for the professional but speaks to each of us, wherever we are on our journey—to jump aboard.

—Karen Wescott (Playwright)