



# alumni *in print* By Tim Gahr

## Off the Tracks: Cautionary Tales About the Derailing of Mental Health Care (Volumes 1 & 2)

**Paul W. Mosher '63 and Jeffrey Berman, PhD**  
IPBooks, 2019

Dr. Mosher has co-authored two volumes about the many and varied ways that the relationship between patient and therapist can go awry. While thousands of studies have concluded that 75% to 80% of patients who participate in psychotherapy show improvement, the power of this treatment makes it dangerous when misused. The first volume focuses on boundary violations in the treatment relationship, while the second surveys events in mental health history, ranging from a landmark court case to bizarre surgeries, even covering what happened when psychoanalysis met the alien abduction craze. Dr. Mosher and his co-author present these stories not to condemn modern treatment methods, but to provide cautionary tales for mental health professionals striving to understand their role in the treatment relationship and to use their best judgment with patients.

## Neuroimmunology

**Robert Lisak '65**  
Oxford University Press, 2019

Dr. Lisak co-edited this newest volume in Oxford University Press's Contemporary Neurology Series. He also was first author

of a chapter on "Immune-Mediated Disease of the Neuromuscular Junction," and he co-authored an introduction on the fundamentals of neuroimmunology and a chapter on "Therapies of Neuroimmunologic Diseases." The book gives readers a practical, clinical, and scientific background on a diverse range of common and rare neurologic disorders. Clinical chapters cover the epidemiology, pathology, pathogenesis, and pathophysiology of diseases and describe testing, diagnosis, and treatment in real-world situations. The book is a resource for physicians and other health care practitioners who care for people with neuroimmunologic diseases.

## Introducing the Core: Demystifying the Body of an Athlete

**William C. Meyers '75**  
SLACK Books, 2019

Dr. Meyers is lead editor and author of this book, which features contributions from more than 40 world-renowned experts in the fields of athletic training, orthopedics, and sports medicine. On top of its significance in sports, the core, until now, has remained a mystery to most physicians and athletes. The book illuminates the role of the core through the perspectives of diverse experts not afraid to challenge prevailing wisdom and who argue strongly that the term "sports hernia" should be banned from the medical literature. The book is for health care professionals, elite and amateur ath-

letes, as well as the entire public interested in how the engine of our body really works.

## Conquering Lyme Disease: Science Bridges the Great Divide

**Brian A. Fallon '85 and Jennifer Sotsky '16**  
Columbia University Press, 2019

Now out in paperback, this authoritative book published in hardcover in 2017 gives patients and health care practitioners a timely overview of the cutting edge science that is transforming how Lyme disease is addressed. With more than 400,000 cases diagnosed each year, Lyme disease is the most common tick-borne illness in the United States, but doctors remain deeply divided on how to treat the disease, which has diverse manifestations and for which diagnostic tests have significant limitations. Drs. Fallon and Sotsky take a frank look at the unique challenges the disease presents, ultimately finding hope. They believe that new and emerging diagnostic tests, treatments, and prevention strategies will be able to stop the expansion of Lyme and other tick-borne diseases and reduce the number of cases.

## The New Rules of Pregnancy

**Jacqueline Worth '97, Adrienne L. Simone, MD, and Danielle Claro**  
Artisan Books, 2019

Dr. Worth has co-authored a comprehensive yet accessible book on self-care during preg-