

COMMITTEE ON WOMEN AND PSYCHOANALYSIS

COWAP NEWSLETTER *June, 2021*

COWAP Committee

Overall Chair: Paula Ellman

Co-Chair for Europe: Cristina Saottini

Co-Chair for Latin America: Patricia Alkolombre

Co-Chair for North America: Cecile Bassen

European members: Lesley Caldwell and Ester Palerm Mari

Latin America members: Graciela Cardó Soria and Aurora Romano Mussali

North America members: Margarita Cereijido and Catherine Mallouh

Asia – Pacific member: Jhuma Basak

COWAP Newsletter consultant: Ester Palerm Mari

COWAP Newsletter editor: Hildegard Kochman

MESSAGE FROM THE OVERALL

COWAP-IPA CHAIR

By Paula Ellman

Dear Colleagues,

What mixed times we are living through when some of us are hopeful and beginning to move out of the pandemic, and others of us, like in India, are in a state of pandemic crisis. We send our heartfelt wishes for a quicker recovery to those in regions where there continues to be much suffering.

The IPA's 52nd Congress, "The Infantile: It's Multiple Dimensions", which is scheduled to be online this summer is quickly approaching. I welcome all to join our COWAP-sponsored Congress events that are described in this newsletter. Even our recently appointed IPSO-COWAP liaison members have organized a timely discussion group.

We have just launched our first COWAP Book Series Editorial Board in contract with Routledge Press. The Board has global representation that you will read more about below and invites book proposal submissions in English that have as their focus women and gender-related topics. As we are committed to encouraging the creativity of those who want to grapple with these themes, we offer to support authors and editors through the submission

and publishing process.

It is with sadness but also great confidence that I look towards stepping down from Overall Chair of COWAP at the upcoming Congress. My four year term has been filled with stimulating challenges, productive collaborations, and a deepening of collegial friendships. We, as a Committee, have shown tenacity in our commitment to persisting in our work through the pandemic. I am delighted to hand the baton of leadership to my dear colleague, Patricia Alkolombre, who will continue to grow COWAP in ways that are unique to her.

I thank you my colleagues for your full support of COWAP and I look forward to continued collaborations in the IPA.

MESSAGE FROM THE EDITOR

By Hildegard Kochman

As the IPA 52nd Congress gets closer to its inauguration, the pandemic still appears relentless with high numbers of deaths and contagions in various countries from the different regions represented in COWAP. It is a noteworthy effort that is being carried out by the IPA to organize this coming event Online in which COWAP will be present with several panels and discussion groups. Please remember to sign up for the Pre-Congress Work Group as all participants have thoughts and a voice that we want to hear and include in our collective reflections.

Despite the many restrictions imposed by the pandemic, technology and virtuality have provided continuity to our psychoanalytic endeavours and planning of events. This holds true for our COWAP leaders who have remained active in their regions and our Chair, Paula Ellman, who has consistently held meetings with all regional co-chairs and members, including IPSO-COWAP candidates who have been invited to join in collaborative work. Some of our distinguished COWAP members are also getting ready to move into new positions with the IPA as representatives for their regions, as is the case of our current Overall Chair Paula Ellman, IPA representative for North America and Lesley Caldwell, as IPA representative for Europe.

This past April, our Overall Chair, Paula Ellman, was part of the planning of a very innovative and stimulating activity, along with COWAP members Margarita Cereijido, Cecile Bassen and Catherine Mallouh who co-organized a two-day conference "The Intersection of Gender, Sexuality and Our Current Crises: The Psychological Impact of Race, Politics, Economics, and COVID" as a combined effort of IPA Intercommittee on Prejudice and Racism and the Freudian Contemporary Society with IPA and APsA Committees on Women, and Sexual and Gender Diversities. Ellman, also contributed to the IPA statement on Racism as suggested by the Intercommittee on Prejudice and Racism.

Having become one of the newest additions to COWAP Latin America as liaison for analysts-in-training in the region, it's been a great joy to encounter the high interest of both candidates and members in the topics discussed at the COWAP conferences. And this

year, Patricia Alkolombre, Co-Chair for Latin America and members Graciela Cardó and Aurora Romano, organized an outstanding series of ten conferences online for which they also deserve great recognition. This COWAP event named "Dialogues between Psychoanalysis and Gender" in which well-known Latin American psychoanalysts participated, and whose contributions to the field of psychoanalysis are very enriching, went deep into different topics and proposals about the incidence of gender in the construction of subjectivities. The last conference titled "Countertransference and Gender" by Patricia Alkolombre was a comprehensive review of the literature on the subject and brought the audience a lot to think about with regards to the need to inquire into different clinical areas where gender is a relevant issue. Congratulations COWAP Latin America for the organization of this event!

COWAP Book Series Editorial Board

Over the past few months COWAP has been in collaboration with both Routledge and the IPA to establish the first COWAP Editorial Board of the COWAP Book Series. We have successfully negotiated a new contract that is now in place for the next four years and can be renewed at that time.

The COWAP book series welcomes book proposal submissions in English that have as their focus women and gender-related topics. We offer to support authors and editors through the submission and publishing process.

Our Editorial Board represents all regions:

Paula Ellman

Chair of the Editorial Board

Paula L. Ellman, Ph.D., ABPP. is a training and supervising analyst in the Contemporary Freudian Society, Washington DC and the Washington Baltimore Center for Psychoanalysis. Just elected to serve on the IPA Board as North America Representative, she is completing her term as Overall Chair of the IPA Committee on Women and Psychoanalysis and Chair of the IPA Intercommittee Work Group on Prejudice and Race. She is on the Editorial Board of the International Journal of Psychoanalysis and is a Board Member of the North America Psychoanalytic Confederation (NAPsAC). She a Visiting Professor at the Sino-American Continuing Training Project for Wuhan Hospital for Psychotherapy, Wuhan China. She has written and presented in the areas of unconscious fantasy, sadomasochism, female psychology, enactment and terror. Recent publications include: *Finding Unconscious Fantasy in Narrative, Trauma, and Body Pain: A Clinical Guide* (with N. Goodman, Routledge, 2017) and *The Courage to Fight Violence against Women: Psychoanalytic and Multidisciplinary Perspectives* (with N. Goodman, Karnac, 2017). She has a private practice in psychotherapy and psychoanalysis in North Bethesda, Maryland.

Carolina Bacci

Carolina Bacchi, Psy.D. is a recent graduate analyst from the Psychoanalytic Institute of Northern California (PINC) and has a private practice in Oakland, CA. Originally from Brazil, Dr. Bacchi has a deep interest in issues related to intergenerational transmission impacting immigration along with the interface between cultural dislocation, inner creativity and psychoanalytic technique. She is currently the co-editor of *Critica* - PINC newsletter and the co-chair of PINC's Outreach Committee. She teaches in a variety of settings and has been involved in clinicians' professional development for many years. She works with children, parents and adults in psychotherapy and psychoanalysis.

Sara Boffito

Sara Boffito, psychoanalyst, member of the Italian Psychoanalytic Society (SPI) and of the IPA, works in private practice with children, adolescents and adults in Milan.

Beside her clinical work, she has published several papers in international journals and collective volumes that focus, among others, on the theme of narration in psychoanalysis. She also translated and edited the Italian edition of some English-speaking psychoanalytic authors, such as Thomas Ogden, Dana Birksted-Breen, Nina Coltart and the unpublished writings of Melanie Klein. She is part of the editorial board of *Rivista di Psicoanalisi* (Journal of the Italian Psychoanalytic Society)

Lesley Caldwell

Lesley Caldwell is psychoanalyst, now retired of the BPA in London. With Helen Taylor Robinson she is joint general editor of the *Collected Works of Donald Winnicott* (2016, OUP). From 2000 to 2008 she was editor of the *Winnicott Studies* monograph series (Karnac) for which she published four volumes. She has been a member of various editorial boards, both academic and psychoanalytic, a reader of manuscripts and articles for journal and book submissions, and she has published widely.

Paula Escribens Pareja

Paula Escribens Pareja is a recent graduate psychoanalyst from the Psychoanalytic Institute from Peru and has a private practice in Lima since 2012. She is a teacher at the Universidad Católica in Lima and also at Intercambio Institute and Centro de Psicoterapia Psicoanalítica, which are institutes that train psychoanalytic psychotherapists. She has a Master's degree at the London School of Economics in "Race, Ethnicity and Postcolonial studies" and postgraduate studies on gender issues. She has worked with women victims of different types of violence and has written papers on these issues.

Amrita Narayanan

Amrita Narayanan earned her doctorate in clinical psychology in 2007 from the Pacific-Stanford University Consortium in California and qualified as a psychoanalyst via the Indian Psychoanalytic Society in 2019. Aside from her clinical practice, Amrita has been the editor of *The Parrots of Desire: 3000 years of Erotica in India* (Aleph Books, 2018), and a contributor to *Psychoanalysis in the Indian Terroir: Emerging Themes in Culture, Family and Childhood* (Lexington Books, 2018) and to *Pha(bu)llus: a cultural history of the*

Phallus(Harper Collins, 2020). Her new book *In a Rapture of Distress: how women desire in India* is forthcoming from Oxford University Press at the end of 2021. At present, Amrita is visiting faculty at Krea University, Andhra Pradesh, India where she teaches undergraduate classes that overlap the psychology and literature departments.

CALENDAR 2021

June 12. Feminine Symposium IPA/COWAP: "Transference to the Body, the Psychotic Personality". (Morning in English and Afternoon in Finnish)

Presenters: Riccardo Lombardi, Elina Reenkola, Sirpa Kähkönen and Laura Lindstedt "A Fantastic Woman"

The symposium will explore issues of the body in the psychoanalytic treatment, in English. The day will continue in Finnish with issues on the feminine and the quiet presence of masculinity in the psychic bisexuality proposed by Freud. The repudiation of femininity – the bedrock defined by Freud together with the horror and awe of female genitals - the *unheimlich*, may have a tremendous unconscious impact in men leading to oppression, subjugation and disparage of women as well as sexual violence towards them. The might and power of the omnipotent procreative and enchanting mother may be humiliating and envy instigating for men and lead to toxic masculinity but also to creation of enduring monuments of significance. Integration of feminine and masculine strivings calls for psychic work and may lead to constructive feminine power that brings enjoyment and co-operation for all sexes.

[HELSINKI 4TH COWAP SYMPOSIUM FULL PROGRAM - CLICK HERE](#)

July 12. COWAP Pre-Congress Work Group. IPA 52nd Congress: "The Infantile: Its Multiple Dimensions" ONLINE 18:00 – 19:30 GMT

A COWAP Pre-Congress Work Group that will be scheduled around the time of the Congress is dedicated to an international collaboration amongst COWAP members and all those IPA members and candidates interested in COWAP related issues – that of the realm of women and gender.

Our collaboration this year has the focus on the reverberations of current global events, COVID-19 along with heightened race tensions, on the specific challenges for women and on the gender-related issues that have emerged. Certainly, these areas of our consideration also include the intersection with gender and ethnicity in native populations, and with social class problems.

Consideration of our clinical work in these realms will be included.

We will initiate this work group with reports from designated COWAP representatives from

all regions, North America, Latin America, Europe and Asia on their thoughts about their area's manifestations of women, gender-related dynamics, and race and ethnicity problems.

Work group participants will be invited to contribute to allow for a larger conversation, bringing the psychoanalytic lens to these current phenomena.

The Work group furthers COWAP's mission by both allowing for an in the moment study of psychoanalysis and women and gender, and also to ignite the creation of ideas COWAP related activities in all IPA regions going forward.

Tickets to attend will be for sale on the IPA website at the time of the Congress registration. Please join us. All invited, members and candidates.

July 24. COWAP Panel: "The Infantile in Changing Female Sexuality" at IPA 52nd Congress The Infantile: Its Multiple Dimensions ONLINE 18:00-19:30 GMT

"The Infantile in Changing Female Sexuality: A COWAP Panel" examines the place of the "infantile" in changing female sexuality. The clinical work by Marianne Leuzinger-Bohlebor with a female refugee from Kurdistan in a German refugee camp focuses on the reemergence of the infantile in the mind of a currently grieving and previously traumatized displaced woman. The emergence of the infantile offers a context for consideration of today's changing female sexualities. Discussions will be offered by the four regional COWAP co-chairs Patricia Alkolombre (Latin America), Jhuma Basak (Asia), Cecile Bassen (North America) and Cristina Saottini (Europe). Paula Ellman (North America), the Overall Chair of COWAP will serve as chair and moderator.

July 29. COWAP Small Discussion Group: "Infantile Forces with Female Leadership" IPA 52nd Congress The Infantile: Its Multiple Dimensions ONLINE 18:00 – 19:30 GMT

Consideration of the regressive forces that operate in groups and organizations relevant to our world today. Examining the influence of gender, specifically the gender of the leadership on the functioning of groups and institutions can inform our understanding of both group process and the human mind. On the one hand, expectations of the maternal and paternal might lead us to think that there would be a greater presence of infantile elements in the process of groups with female leadership. Nonetheless, it is evident in today's world that those countries with female leaders: New Zealand, Germany, Taiwan, Norway, Finland and Denmark have led through in their response to the coronavirus in ways that have been the most successful in limiting outbreak – a non-regressive, highly functional process. This Small Discussion Group will allow for an open discussion with our current first woman IPA

President, Virginia Ungar, and incoming IPA President/ past APsaA President Harriet Wolfe, along with Eva Schmid-Gloor, past leadership of the EPF thereby representing three IPA regions, Latin America, North America and Europe. The Overall Chair of COWAP Paula Ellman will chair and moderate.

August 1. COWAP-IPSO Small Discussion Group: "Self, Other and Covid: Regression in Service of the Ego" 16:00 – 17:30 GMT

The discussion session, taking place on August 1, 2021, will commence with psychoanalytic reflections written by the presenters and discussants, each representing the four IPA regions. Examining life during the pandemic, the papers will highlight the interaction between gender and sexual identities, our revisiting of dependency needs, the temporospatial repositioning of self and other, and the blurred boundaries between work, love and play. How have we met the inescapable demands of these times and created meaning within our varying cultural milieu?

Join us for this small discussion group on August 1, 2021 from 4:00 PM-5:30PM/British Summer Time

Co-chair: Kathryn McCormick (IPSO President), USA

Co-chair: Chrysanthi (Chrissy) Wallace (North American IPSO Representative to COWAP), USA

Presenter: Hildegard Kochman (IPSO Representative Panama, Liaison for Candidates COWAP Latin America), PANAMA

Presenter: Chrysanthi (Chrissy) Wallace (North American IPSO Representative to COWAP), USA

Discussant: Gagandeep Kaur Makkar (Asia-Pacific IPSO Representative to COWAP), INDIA

Discussant: S       Salkoff (European IPSO Representative to COWAP), FRANCE

Moderator: Maria Matouk (Co-liaison for candidates COWAP Latin America), MEXICO

August 1. Small Discussion Group. "Gender Dynamics in the Time of the Pandemic Crisis." 18:00-19:30 GMT

The pandemic crisis has created fear and uncertainty. People are afraid of getting sick and dying, and of losing their livelihoods. That has produced social changes which affect subjectivities, including notions of femininity, masculinity, and their dynamics. We'll focus on its impact on the division of labor, domestic violence, and space. This group will be chaired by Margarita Cerejido, United States. Presenters will be from different regions from COWAP: Jhuma Basak, India; Emilce Dio Bleichmar, Spain; Paula Ellman, United States; Margarita Cerejido, United States; Patricia Alkolombre, Argentina.

October 1-2. COWAP Latin American Event "Psychosexualities Today: Psychoanalytic contributions", at the Brazilian Psychoanalytic Society of São Paulo (SBPSP) – Online (Jornada Latinoamericana de COWAP: Psicosexualidades hoy, aportes psicoanalíticos") SBPSP, Brasil

Organizing Commission: Jurenice Picado Alvares (COWAP SBPSP Liaison), Patricia Alkolombre (Co-Chair), Cândida Sé Holovko and Juliana Picado A. R. dos Santos (COWAP Liaison Brasil candidates)

The COWAP SBPSP is organizing these conferences that will consist of interdisciplinary exchanges with the objective of disseminating and discussing COWAP studies. The opening conference will host Rosine J. Perelberg and there will be four panels to discuss Masculinities Today, Violence against Women, Transgender and New Forms of Parenting. Confirmed guests: Virginia Ungar, Sergio Nick, Patricia Alkolombre, Fernando Orduz, Rodrigo Lage, Graciela Cardó, Teresa Lartigue, Cândida Sé Holovko, Coraci Ruiz, Ariel Sanchez, Jurenice Picado Alvares among others. We are inviting participation of other papers of similar content.

November 20. 33rd COWAP Panel: "On a new reality for women, motherhood without pregnancy, adoption, surrogate mother. Which kind of challenge for femininity and maternal preoccupation?" EPF Annual Conference: "Realities" - Online

Presenters: Christine Anzieu-Premmereur, Société Psychanalytique de Paris; Lesley Caldwell, British Psychoanalytic Association and Harriet Wolfe, San Francisco Center for Psychoanalysis.

Chair: Cristina Saottini, Italian Psychoanalytical Society.

Exploring maternity in the contemporary world, we will look closely at the consequences of the struggle to become a mother without being pregnant. While the technological advances of assisted reproduction are more advanced than ever, they do not always result in pregnancy in the mother-to-be. The limitless quest for a baby also includes adoption or a surrogate mother who carries a fertilized ovum.

This panel will offer a psychoanalytic perspective on new observations in parenting changes. Our thinking will be informed by contemporary family configurations such as same-sex parenthood, single parenthood by choice and pregnancy-free arrangements.

When the reproduction is achieved without a sexual intercourse act, what is the role of affiliation, property and attachment? How do body and hormones play a role in the non-biological mother's sexuality and the infantile sexuality she reexperiences in the presence of the infant? Is it so different from regular pregnancy? Is adoption specific compared to surrogate mothering, how about the envy, competition or idealization with the biological mother? What are the representations of the uterus and of the women' reproductive capabilities?

We will present different clinical situations informing our thinking on primary maternal preoccupation and the identity of a mother who did not experience pregnancy: an adopting mother and a family after the baby was born from a surrogate mother.

We will explore the projections into the baby and the role of the subjectivation processes. We will also look at the narcissistic issues and mourning challenges faced by those women and how this can affect or stimulate transitional space for the child.

REVIEW OF PAST ACTIVITIES

March 5 to May 7. COWAP Latin America Seminar: "Dialogues between Psychoanalysis and Gender" Online (Seminario COWAP Latinoamérica: Diálogos entre Psicoanálisis y Género)

By Patricia Alkolombre

The ten online conferences that were part of the "Latin American Seminar on Psychoanalysis and Gender" were held in an atmosphere of great interest and participation by the 170 attendees from different countries of the region. The topics presented are considered of great interest for contemporary psychoanalysis, from the theoretical and clinical point of view about the relationship between psychoanalysis and gender. The conferences addressed different aspects of psychoanalysis and gender such as: The crisis of subjectivities by Mabel Burin, On the postpatriarchal, post-heteronormative and postcolonial clinic by Débora Tajer; Subjectivities in transition by Leticia Glocer; Male withdrawal from emotional commitment by Irene Meler; Transphobia and racism by Marco Posadas; The vicissitudes of masculinity: Exhibitionism and fantasies in the mirror by Candida Sé Holovko, Old and new paternities by Juan Carlos Volnovich; Feminine narcissistic disorders by Emilce Dio Bleichmar; Psychoanalysis, feminism and gender relations by Teresa Lartigue and Countertransference and Gender by Patricia Alkolombre. Attendance by well known dear colleagues who shared their experience and their points of view about the different topics discussed on Friday afternoons was corresponded with rich exchanges from participants. We thank all who joined this great event.

March 19-20. COWAP Conference: "Psychoanalysis and Assisted Reproduction" – Online-. Porto Alegre, Brasil (Jornada "Psicoanálisis y Reproducción Asistida") SBPdePA, Brasil.

By Renata Viola

The COWAP "Psychoanalysis and Assisted Reproduction" event took place on March 19

and 20, sponsored with the Brazilian Society of Psychoanalysis of Porto Alegre (SBPdePA), with more than 500 assistants registered. Dr. Patricia Alkolombre, Argentinian psychoanalyst, discussed the topic "Passion for a Child" in reference to the use of assisted reproductive methods. In addition to several colleagues, we have the participation of Dr. Graciela Cardó and other COWAP's members. There were two panels of clinical cases about ovodonation, and motherhood in a transsexual woman. These panels were discussed by José Galeano and Renata Vives. The presenters of the last panel were Dr. Patricia Alkolombre, Dr. Gina Levinzon and Dr. Gley Costa, who presented their ideas about the new families configurations and their repercussions in the psychoanalytic clinic. The active participation of the assistants during the event showed us the importance of discussing about reproductive technologies and the construction of subjectivity. We are grateful for the encouragement of the President of the SBPdePA Dra Ane Marlise Port Rodrigues for all the support of this COWAP event.

March 20, April 17, May 22. COWAP Brasil "The women that inspired Freud" (Las mujeres que inspiraron a Freud)

By Rosa Lang Sender

The COWAP Brasil group organized for this first semester of 2021 a rereading of the main female clinical cases of Freud in a cycle of monthly meetings, with the participation in the tables of both a female as well as a male psychoanalyst. This cycle we named - The Women Who Inspired Freud. The first case to be revisited was that of the young teenager Dora (Ida Bauer) on March 20 and on March 27, we continued discussing the issues of incest, denial and the perverse pact of family silence.

On April 17, 2021, we revisited the case Anna O (Bertha Pappenheim), addressed the life of Bertha who became a great activist for women's rights and a brilliant writer. On May 22, we discussed Freud's ideas about female homosexuality in the clinical case of Sidonie Csillag (Margarethe Csonka-Trautenefft) from a contemporary view. On May 8th, we revisited Alicira Marian Alizade's ideas about the Clinic with Death in an intercession with pandemic mourning, in partnership with Gep de Goiania. On June 19, we will have an event "Understanding the world of transsexual children, in partnership with the Psychoanalytic Academy around the work of Recamier (APAOR). Also in June we will have the Clinical case of Katharina, following the discussion of the patients who inspired Freud.

April 9-10, Conference: "The Intersection of Gender, Sexuality and Our Current Crises: The Psychological Impact of Race, Politics, Economics and COVID" - Online
The Conference began with keynote, Claudia Rankine, acclaimed Afro-American poet and

author of recent poetry collections and playwright of recent Broadway play, in conversation with psychoanalyst/interlocutor, Francisco Gonzalez who has written and presented on gender, race, class issues from a psychoanalytic perspective. (Victor Bonfilio and Paula Ellman hosted.) Saturday's Conference featured two panels, two breakout groups and an end of day exchange between presenters and the audience. The two panels had both different foci and different structures. The first panel: "The Psychological Impact of Our Current Crisis Through the Lens of Race, Politics, Economics and Gender" addressed the ways that the COVID-19 pandemic has significantly impacted our global population in immeasurable ways and the ways in which the psychological impact of the pandemic is affected by race, politics, economics and gender in the United States and abroad. Annie Lee Jones (Bronx New York), Jhuma Basak (Kolkata India) and Ann Pellegrini (New York), moderated by Hilli Dragony Clark (New York) and hosted by Ethan Grumbach (Los Angeles) - all psychoanalysts, maintained focus on intersectionality, then conversed.

Second Panel: The Impact of the Pandemic Crisis on Gender Dynamics: A Time of Transformation. Four women psychoanalysts-Margarita Cerejido (Washington DC), Janice Lieberman (New York City), Letitia Glocer Fiorini (Buenos Aires), and Paula Ellman (Washington DC) - presented addressed different aspects of the fallout of the pandemic that are relevant to women and gender-based issues. Women around the world have been negatively affected by job loss and a regression to traditional gender roles. Many women have been victims of violence and search for safe spaces in which to recover. Like any crisis, the pandemic also has created openings for change. Moderator: Victor Bonfilio, Host: Catherine Mallouh.

For a Full Report about the 2-day conference, [CLICK HERE](#).

For a Full Program of this activity, [CLICK HERE](#)

For Poster of Event and Save the Date call, [CLICK HERE](#)

May 24. COWAP Argentina "Gender and Pandemic", in the Argentine Congress of Psychoanalysis (COWAP Argentina "Género y Pandemia" en el Congreso Argentino de Psicoanálisis)

By María Laura Dargenton

The COWAP Argentine group participated in the framework of the Argentine Congress of Psychoanalysis, in a Panel - Workshop with the central topic "Gender and Pandemic". Graciela Woloski (COWAP APA), Alicia Iacuzzi (COWAP APA, filial Junín), Maria Alejandra Rey (COWAP SAP), Haydee Zac (COWAP APdeBA), Mónica Zac (COWAP APdeBA), Teresita Milán (COWAP GdeEPSaL), Diana Poblete (COWAP GdeEPSaL), Lila

Gómez (COWAP SPM), Maria Adriana Pontelli (COWAP APC), Pablo Silvetti (COWAP APC) contributed to this lively meeting. Coordinators were: Maria Laura Dargentón (COWAP APC) and Fernanda Fader (COWAP SPM). It began with the presentation of a video titled "Women in a Pandemic" that was made on the occasion of Women's Day of this year 2021. In this video three women who represent our current society from different generations are interviewed: Mariana Iglesias, gender journalist; Diana Galimberti, gynecologist and Nicole Becker, co-founder of Jóvenes por el Clima.

The panelists presented their ideas and reflections that dealt with the following topics: Parent-child and child-parent violence, Sexual and gender-based violence, Femicides. Also on the Caring functions performed by women in the environment created by the pandemic, both in the professional and domestic fields; and the role of women leaders in the health management of this global crisis. As mentioned in one of the titles that was read "Women who run with Covid 19", the multiplicity of tasks assigned to current women was described, whose effect of overflow and emotional overload is very commonly heard in current clinical consultations. The question about how this reality impacts the analytical role of many female analysts also came up. The need to include a gender perspective, from the beginning and throughout psychoanalytic training was emphasized. The discussion also centered on how it is important to distinguish that abstinence is not indifference while respecting and agreeing with the fundamental rules that support the specificity of our clinic. Why not cross borders and visit border territories that are closer and closer to us, and which can enrich us in the way we listen and intervene as psychoanalysts? What does Psychoanalysis and we as psychoanalysts contribute to make the body, the home and the world that we inhabit safer, less violent places? Similar questions were heard and repeated throughout the exchange, which was very interesting and fruitful.

NEW PUBLICATION

April 2017. Conference: "Women matter-Women's matters". Updated papers from this conference have been published in the newest volumen of the Journal of Psychoanalysis and Psychotherapy in China, editor David Scharff and Gertraud Schlesinger-Kipp as guest co-editor.

The publication of updated papers from the COWAP conference in Wuhan: Women matter-Women's matters (April 2017) in the newest volume of the Journal of Psychoanalysis and Psychotherapy in China brings back memories to those who attended such an innovative conference. This journal has been edited by David Scharff and COWAP member Gertraud Schlesinger-Kipp as guest co-editor.

Gertraud Schlesinger-Kipp herself writes about such celebrated event. "In April 2017, the first COWAP conference in China took place under the title of "Women matter-Women's

matters". This broad but thought provoking title was chosen to let the speakers and the audience as free as possible to fill this conference with their own most urgent problems to work them through with psychoanalytic methods".

According to an initiative of Frances Thomson Salo, Australia/London, the former chair of COWAP, this COWAP conference was planned by Gertraud Schlesinger Kipp and her COWAP team and then realized as Pre-Conference the 5th China International Psychoanalytic Congress 2017 in Wuhan.

Active were: Tong Jun, Yang Yunping, Meng Fu, Frances Thomson Salo, Paula Ellmann, Gertraud Schlesinger-Kipp, Li Hongtao, Maya Nadig, Peter Loewenberg, Sverre Varvin, Gerlach, Arlene Richards, Kim Kleinman, Maria Teresa Hooke, Wang Qian, Andreas Bilger, Jia Xiaoming, Qiu Jianying, Beth Kalish, Lin Tao, David Scharff and others.

As Maria Theresa Hooke pointed out (COWAP newsletter 7/2017): "It convinced me of the importance of COWAP's presence in Asia. As Wuhan has demonstrated, a courageous program was responded with courage, openness was responded with openness. It was a psychoanalytic encounter between cultures, and also a catalyst and an amplifier for the work that our Chinese colleagues have been doing for years rising the awareness on women's matters." Andreas Bilger wrote (COWAP newsletter 7/ 2017): "We saw about 300, mostly young, dynamic, attractive and female participants from Universities and clinical institutions in Wuhan and Central China, but also from Beijing and other cities: at first silent, more respectfully adaptive, but increasingly personal, polite but trenchant and critical, referring to the presentations with personal examples."

BOOK REVIEW

By Catherine Mallouh, M.D.

Rage and Creativity: How Feminism Sparked Psychoanalysis
Edited by Lucille Spira, PhD.

This lively, engaging book explores the feminist movement and its influence on psychoanalysis. Arlene Kramer Richards powerful essay, which opens the book, is its driving force. Each subsequent writer, many known for their psychoanalytic writings on women, responds to her essay. She responds to each of them giving the book its unique conversational character.

Arlene Kramer Richards writes, "Feminist rage fueled by injustice has been a spur to creativity in the analytic world (p.11)." Thus, rage and creativity are joined as important forces for change, and this becomes a dynamic reference point for the other writers. She reflects on the personal experiences that shaped her life as a woman, setting the tone of the book.

Richards vividly outlines the history of second wave feminism, discusses the major feminists

of the 60s and 70s (and later) from the perspectives of gender equality and difference. She looks at feminism's effects on psychoanalytic theory and practice. She critiques psychoanalysis as it was practiced at that time, inhibiting women's development, promoting their adaptation to their assigned social and gender roles. She also sees Freud as a feminist in his support of his daughter and women psychoanalysts.

She introduces the idea of the thought collective, a development of thought that creates a shift in thinking, passes into and has influence on the larger world. She sees this as the process that led feminism to finally change psychoanalysis. The thought collective is a central idea for this book which takes shape as a feminist thought collective in its own right.

The subsequent writers extend and develop Richards ideas with their own thinking on women, gender and feminism. They discuss their own contributions to psychoanalytic theory regarding female development and psychology. Their responses range from the scholarly and academic to personal experiences and reflections, and often, a mix of the two. A number of these writers describe how they came of age during the second wave of feminism. This gives the book a sense of the lived experience and reactions to the social surround that informed their thinking and desire to change psychoanalysis. Some writers respond to the COVID pandemic, others take up racial injustice and prejudice as well as the contemporary struggles of women and a new wave of feminism in the #MeToo movement.

Richards further develops her ideas as she responds to the other contributors. I found myself keenly interested to read what she had to say at the end of each essay. She is not always in complete agreement and this makes for a lively dialogue. Her responses are thoughtful and thought provoking, and allow her to reflect further on the feminist movement and her own personal experiences.

There is a lot to learn from this book. It provides a valuable historical perspective not only on feminism but on the evolution of psychoanalytic theory about women's sexuality and development. The first challenges to Freudian views of women's development were by early female analysts. Penis envy as the bedrock for women's sexuality has been thoroughly challenged, and revised theoretical perspectives described in these essays are more widely accepted. The emphasis in second wave feminism on the importance of women's experience of their bodies and sexuality is integral to these challenges. The deep roots of male misogyny is also explored by a number of writers including Richards.

The effect of feminism on psychoanalysis as an institution is also taken up. Women have entered the field in larger numbers, taken leadership positions and challenged patriarchal institutional norms. Women have developed psychoanalytic theory and clinical work in important and innovative ways. Many of the contributors in this book share their experiences of being in the vanguard.

The second part of the book, entitled "Narrative Voices: Feminism and Psychoanalysis," has personal essays and reflections with a psychoanalytic perspective by psychoanalysts and artists. They reflect on their personal development, experience of the women's movement

and psychoanalysis. Then there is the appendix, which is also informative and interesting, and includes the Wikipedia history of the women's liberation movement and a paper by Lucille Spira and Arlene Kramer Richards on snobbery in Proust. There is no shortage of interesting material here!

This book is a wonderful and innovative contribution. It has a wide ranging and open approach, with a lot of freedom of expression. In that way, it embodies the very spirit of the feminist movement and psychoanalysis: striving for greater freedom, self-knowledge and finding one's voice. The feminist movement freed up psychoanalysis and gave women analysts a voice, compelled theory to change and put us in touch with our social context. This book inspires us to keep moving forward.

The contributors who responded to Arlene Kramer Richards essay are: Rosemary Balsam, Sandra Cohen, Paula Ellman, Alison Feit, William Fried, Nancy Goodman, Cordelia Schmidt-Hellerau, Dorothy Holmes, Lee Jenkins, Kimberly Kleinman, Nancy Kulish, Merle Molofsky, Kerry Kelly and Jack Novick, and Lucille Spira.

Rage and Creativity: How Feminism Sparked Psychoanalysis, Edited by Lucille Spira
International Psychoanalytic Books. New York. 2020.

FEMALE PIONEER ANALYSTS

ESTELA GALVÁN DE REMUS MEXICAN PSYCHOANALYTIC ASSOCIATION

By Dolores Montilla Bravo

Dr. Estela Galván de Remus (born 1923) is a pioneer in psychoanalysis in Mexico, leading specialist in the psychoanalytic study and treatment of children, as well as founding member of the Mexican Psychoanalytic Association (APM).

Dr. Remus' family is accustomed to a life of study and hard work. Her mother was a trained OB-GYN and was her inspiration. She was enrolled in the School of Chemistry of the prestigious National Autonomous University of Mexico (UNAM) and graduated by an important research on Vitamin B6 in 1945. During the third term of her higher education, she met Dr. José Remus Araico, who was also a founding member of the APM. They collaborated in various research projects in Medicine, Pharmacology and Tropical Medicine. Upon completion of their bachelor's degrees, they married and established in Guerrero's Costa Grande. They exercised medicine in this community for three years and ran the analysis laboratory that allowed them to save enough money to travel abroad and take their deeply desired psychoanalytic education in Buenos Aires.

At a time when most educated women quit their academic and professional achievements for marriage and family life, Estelita (as we fondly called her) was libidinally capable to integrate her academic interests with her life as a couple and her devotion for her family. Dr. Juan Vives recalls that, knowing her personal life, he was able to confirm the deep links within her beautiful family and its atmosphere of care, tolerance and loyalty. These virtues filtered through her community life, turning her into a positive feminine leader: capable of apprehending reality, contributing constructive criticism and always promoting unity between the partners to perform the task, this is, the study of psychoanalysis, its application, dissemination and research.

Her psychoanalytic life was not easy at the start of the group composed of those six pioneers. The structure of this first group was particularly conservative and male inclined in its social aspect, as well as revolutionary in its penetration into the also conservative Mexico City. Estelita, having been accepted with her high standards in the Argentinian Psychoanalytic Association, took her psychoanalytic education. She took analysis with Matilde Rascovsky and, later, four years with the outstanding Marie Langer. She supervised notable analysts as Racker and Pichón-Rivière. She began the study and treatment of children psychoanalysis with Arminda Aberastury, in psychotherapy groups for psychotic patients, within a program organized by Enrique Pichón-Rivière in the Hospicio de las Mercedes. As she was close to complete all the requirements of her education, her husband, Dr. José Remus, decided that it was time to return to Mexico to build the first core of what would become the Studies Group in 1955 and later the Mexican Psychoanalytic Association in 1957, as an association integrated to the IPA. Since she missed a couple of supervisions in Argentina, she was not accepted at first within this founding group and was forced to obtain the Bachelor's Degree in Psychology in the Universidad Iberoamericana, completing her mandatory supervisions with Santiago Ramírez and Avelino González. She was finally accepted within the first generation along with other outstanding analysts. Dr. Remus, more tenacious and patient than her colleague Ruth Ramírez, persisted, turning into a uniting and repairing factor in the most challenging situations when the APM has faced possible split ups. From her insertion as a founder, she worked diligently and with a deep love for psychoanalysis, as well as for the Association.

I was honored to meet her as a teacher during my education and have witnessed her attitude during conflicts among the members - always traumatic and painful - with a critical and conciliatory thinking, and always searching the healthy growth of our Association. She always spoke out during those times when the Association was closed to new ideas, when it became rigid, as, for example, not accepting more women and the conservative ideas prevailing in the Psychoanalysis Institute, which disturbed the optimal development of the Association. Thanks to her, the doors were opened for medicine graduated women as Florencia Besprosvany (IV generation) and, later, Doctors in Psychology who were able to take the education up to the XIth generation, being Yolanda Martínez, the first Doctor y Psychology being educated as psychoanalyst.

Dr. Remus never missed a National Conference or a Scientific Session, much less a General Meeting. Her words and opinions earned the respect of elders and youngsters, as well as

their unconditional caring. Her tenacity was also fruitful in Child and Adolescence Psychoanalysis in Mexico, the field of her publications. It shall be noted that the APM decided to grant her a *Doctorate Degree Honoris Causa* in 2016, as a well-deserved tribute and recognition for taking the Doctorate Degree in Psychotherapy (CEP/APM) at an elder age, but mainly due to her braveness, for her perseverance to attain her ideals, for her impeccable ethics and her passion for the transmission of psychoanalysis.

NORMA ALICIA LEÓN DE LÓPEZ
Mexican Psychoanalytic Association

By Teresa Lartigue

I have the honor of having known Dr. Leon for more than 55 years, since I started studying Psychology at the Universidad Iberoamericana. We met again during the training in Adult Psychoanalysis; she was part of the 12th generation and I of the 14th generation. We were also study companions in the training in Child and Adolescent Psychoanalysis during which we were able to further deepen the friendship that unites us, so I am immensely pleased with this recognition for her contributions, which are mentioned below.

Dr. Norma Alicia León (de López) is a Pioneer of Psychoanalysis in México. She studied psychoanalysis at a time in which almost all psychoanalytic candidates in México were men, and she was one of the first Doctors in Psychology who graduated in her institute. Dr. León became an adult psychoanalyst in 1984, and a child and adolescent psychoanalyst in 1997, graduating from the institute of the APM. She was certified by the International Psychoanalytic Association as an Adult Psychoanalyst (1986) and as a Child and Adult Psychoanalyst (2002). In 1986, she was certified by the Federación Psicoanalítica de América Latina (FEPAL). She has practiced psychoanalysis in México, Spain, and the United States.

The only child of a publicist and a housewife, Dr. León was born in México City in 1943. Her paternal grandfather, who was an educator and the editor of a local magazine titled "Personalidad", was an important influence in her intellectual pursuits. She obtained a Bachelor in Clinical Psychology from the Universidad Iberoamericana (1968), a Master's Degree (1975) and Doctorate (1978) in Clinical Psychology from the Universidad Nacional Autónoma de México (UNAM). After graduating, Dr. León worked at the Children's Hospital of México. Her interest in psychoanalysis began early in her career when she underwent her own analysis with a Frommian analyst and attended lectures with Erich Fromm. Later she underwent analysis with her training analyst, Dr. Fernando Cesarman who trained in the Menninger Clinic.

After getting married, Dr. León lived in Philadelphia, USA, from 1967 to 1972. She was the

Chief Psychologist in the Autistic Unit at The Eastern State School and Hospital. During these almost five years, she attended many lectures at the Philadelphia Psychoanalytic Association. She took a two-year course on Child Development with Drs. Moore and Kolanski.

Dr. León lived and had a private practice from 1972 to 2009 in a suburb of México City. She was one of the few local psychologists who had expertise in administering psychological evaluations, including Rorschach Inkblot test, to children and adolescents. On a public level, she served as Coordinator of the Department of Child Psychology at the Ministry of Health in México City. Over the years, Dr. León served at the Admissions and Promotions Commission and at the International Relations Commission, at the APM.

Dr. León has published over thirty original articles. In the late 1980s, she presented together with Dr. López at the American Academy of Child and Adolescent Psychiatry the paper entitled "Babies of the Earthquake: A Follow-up Study of Their First 15 Months". The prospective cohort study that Drs. León and López did of the babies who survived for eight days in the rubble after the 1985 México City earthquake allowed them to describe the importance of the child's given name on his or her identity. Many of these "earthquake babies" were rechristened by their parents with names related to their rescue and survival. Later on, Dr. León and Dr. López centered their contributions to psychoanalytic development theory on the prenatal representations that the parents have of their unborn child, the elaboration of these representations during gestation and birth, and their role on the development of the child's early object world.

In 2009, Dr. León relocated to Barcelona, Spain, where she became a collegiate of the "Colegio Oficial de Psicología de Catalunya". She worked as a psychotherapist at Positive Parenting Plus! a child development mental health team. She was also a member of the Barcelona "Network of English Speaking Therapists" (NEST), a group of mental health specialists treating the local English-speaking community, and she attended lectures at the Spanish Psychoanalytical Society.

In 2013, Dr. León and her husband immigrated to New York City, where they joined the Institute for Psychoanalytic Training and Research (IPTAR), and worked at their Clinical Center treating patients. Dr. León accredited her specialty as a psychoanalyst from this institute in 2017, with the paper "Trauma and Resilience; Vicissitudes of dissociation in the aftermath of rape. Resolution through Psychoanalytic Treatment". She taught and supervised students at the IPTAR Child and Adolescent Psychotherapy program (CAP), and supervised psychoanalytic candidates at the China American Psychoanalytic Alliance (CAPA).

During her time in New York City, she has increasingly gained an interest in Neuropsychoanalysis, mostly in the integration of mechanisms related to dreaming, emotion, and motivation. Dr. León frequently attends lectures at the Pfeffer Center for Neuropsychoanalysis of the New York Psychoanalytic Society & Institute. She is currently heavily influenced by the ideas of Mark Solms.

Her husband of 50 years, Manuel Isaías López Gómez passed away in 2017. He was a prominent Adult, Child & Adolescent Psychiatrist, Psychoanalyst, and Bioethicist. Their three children are physicians. They developed their careers in the mental health fields. Along with seven grandchildren, they all live in the New York Tri-State area.

**Maxine González Enloe
(1935-2000)
Mexican Psychoanalytic Association**

By Juan Vives

Some time after completing my education as a psychoanalyst the Mexican Psychoanalytic Association, I enrolled in the Mexican Association of Group Analytic Psychotherapy's education program as a complement and to preform group, couple and family psychotherapy. Here I met Maxine who had just gradated as a group psychotherapist. Ever since we built a deep friendship and were partners in academic interests.

Maxine González Enloe (1935-2000) was born in Houston, Texas (USA), where she lived for five years, when her mother passed away, then Jorge González Armida, her father, and his three daughters - Maxine and two younger sisters - moved to Mexico City where she began her academic education. After completing her junior high school she took a short commercial education. She married later, at age 24. Her two children - Santiago and Maxine - who, in time, would become brilliant professionals, were born from this union. From her daughter Maxine, who in time also studied Psychology and became a very competent group psychoanalytic psychotherapist, she had two adorable grandchildren - Andrés and Ana Lucía - who became her last and great passion as a grandmother.

About to reach age 30 she resumed her high school education and later on completed two bachelor's degrees, both in the Universidad de las Americas: the first in Education (which was completed *Magna Cum Laude* in 1969) and the second in Psychology, also completed in 1969 with the maximum distinction of *Magna Cum Laude*. Afterwards, she continued her education in Psychology and took the Master's Degree in the same University, to reach the Doctorate Degree in Psychology in the National Autonomous University of Mexico.

Her professional interests inclined her to the study of psychoanalysis, a career she started by learning therapeutic groups, education she took in the Mexican Association of Group Analytic Psychotherapy, graduating as a Group Psychotherapist in 1978. Later, she willed to dig deeply in this field and started her psychoanalytic education in the 13th Generation of the Psychoanalysis Institute of the Mexican Psychoanalytic Association, graduating in 1988. Since then, she was a member of the Association, first as an adherent, afterwards as a full

member and since 1995 a psychoanalyst performing didactic functions within the A.P.M. and, therefore, a member of the Latin American Psychoanalytic Federation since 1989. Her interests and intelligence led her to explore various psychoanalytic subjects, in both personal and group psychoanalysis, institutions, teaching psychoanalysis, as well as the transmission of this discipline - which was the subject that led her to the position of Director of the Psychoanalysis Institute of the A.P.M., a specially challenging task, full of troubles as a result of being the first woman to hold this difficult position in the history of the Institute.

The book by Maxine González titled *Feminine sexuality and psychoanalysis*, published by the A.P.M. as a tribute to her passage through the psychoanalytic institution, was able to retrieve a majority of her most important work and evidences the amplitude of her interests, as well as her conceptual and clinical approach. This book is divided by themes in four broad conceptual areas: 1. Woman and psychoanalysis, 2. Psychoanalytic theory and clinic, 3. Psychoanalysis and groups, and 4. The psychoanalytic institution; by which it was able to display her interests in various areas, among other, the details of group dynamics and therapy, as well as personal psychoanalysis. With a solid background in diverse aspects of humanities and in the study of the human being, Maxine González Enloe also explored the subject of women of our time, so she was also interested in gender and feminine sexuality studies, giving us the opportunity to know Alcira Mariam Alizade and her work, a great pioneer of gender studies and psychoanalysis in the world, particularly in Latin America.

This document represents the best way to display Maxine González Enloe's fruitful and brilliant academic career, her interests towards the modernization of our discipline's teaching and her deep dedication to psychoanalytic clinical work. Her death, after fighting against cancer, left a difficult to fill void. We have, however, the nice remembrance of the friend and partner, of the graceful, intelligent and pleasant woman she always was, cheerful in friendship, serious and profound in the professional ground, dedicated mother and grandmother to her children and grandchildren.

CANDIDATES' SECTION

Feminine(s).

By Oscar Mauricio Cuellar Pineda
Asociación Psicoanalítica Mexicana

I will affirm that we are all feminine. Is it that the Feminine is a quality attributable only to women as a universal? I do not think so. Let's think about the identification processes that underlie all of us from the encounters and disagreements with our parental figures. It would not hurt to remember that in the unconscious there is no element or a priori representation that would let us know if we are men or women, that is, the baby is an asexual being, speaking in a psychic sense. Therefore, I cannot be sure whether, to begin with, there is a bisexual position, as Freud thought of it in his Three Essays on Sex Theory.

How can we explain that the Feminine arises in a subject? Initially, assuming identification and separation processes. Jessica Benjamin (1997) explains that every identification process

also involves elements of differentiation, which are useful for the infant to make a set of crossed identifications of them, that is, that the child, before reaching the oedipal process, already has a set of identification both paternal, maternal, male and female. We could not say that we are not fully identified with a gender, I would say instead that there is a certain predominance of one but both identifications are preserved. Before the infant reaches Oedipus, there is a bisexuality by identification, not by constitution.

For Horney and Klein, unlike Freud, the girl is not like a boy, that identification would be later; On the contrary, both think that she, like the male, are first identified with the mother, we could say that the origin of life in both boys and girls is an identification with the feminine, because as we all know, the mother It is our first object of love. The child will want to be the object of her beloved hers.

However, there is something peculiar about this whole process. Benjamin (1997) explains that there is a rejection of difference, a repudiation of the feminine and the masculine, which when exposed, makes both men and women show their aggression and sadness in the face of everything that has these differences of themselves same.

Jessica Benjamin also writes about Identification with Difference, explaining that one of the difficulties that sexed beings have has to do with accepting and identifying with this difference. The origin of this moment is rooted in parental relationships, in the ability of parents to be able to accept their identifications with their male and female parts. It is in the parents where, in the first place, the masculine and feminine qualities in their children are accepted or not. Identifying with the difference, as I understand it, would imply accepting

Paula Ellman, Ph.D., ABPP
Overall Chair, IPA Committee on Women and Psychoanalysis
Chair, IPA Intercommittee on Prejudices and Racism
6420 Danville Court
Rockville, MD 20852
301-770-1515
paula.ellman@gmail.com
